

My No. 1

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Sanna Alpsjö

Musik: My Number One - Elena Paparizou



It's a quick start. Begin the dance when Elena starts to sing

WALK RIGHT, LEFT, RIGHT SHUFFLE, LEFT STEP TURN ½, LEFT SHUFFLE

- 1-2 Walk right forward, walk left forward
- 3&4 Step right forward, step left next to right, step right forward
- 5-6 Step left forward, turn ½ to the right
- 7&8 Step left forward, step right next to left, step left forward

STEP SIDE, BEHIND, RIGHT CHASSE, LEFT CROSS ROCK, LEFT SHUFFLE ¼

- 1-2 Step right to right side, cross left behind right
- 3&4 Step right to right side, step left next to right, step right to right side
- 5-6 Cross rock left over right, recover on right
- 7&8 Step left ¼ to the left, step right next to left, step left forward

Restart from here when dancing 4th time

FULL TURN LEFT, RIGHT SHUFFLE, HIP BUMPS

- 1-2 Step right back ½ turn to the left, step left forward ½ turn to the left
- 3&4 Step right forward, step left next to right, step right forward
- 5-6 Bump left forward, bump right back
- 7&8 Bump left forward, bump right back, bump left forward

RIGHT BUMP BACK, LEFT KICK BALL TOUCH, RIGHT STEP FORWARD, LEFT MAMBO STEP FORWARD, STOMP RIGHT, STOMP LEFT

- 1 Bump right back
- 2&3 Kick left forward, step left next to right, touch right next to left
- 4 Step right forward
- 5&6 Rock left forward on left, recover on right, step left together
- 7-8 Stomp right, stomp left

REPEAT

RESTART

Restart after count 16 on wall 4