

My Mambo

Count: 64

Wand: 4

Ebene: Improver

Choreograf/in: Gloria Davis

Musik: Mambo No.5 - Lou Bega



CHASSE TO THE RIGHT

- 1-2 Step right foot to right, step left beside right
- 3-4 Step right to right, step left beside right
- 5-6 Step right to right, step left beside right
- 7-8 Step right to right, left step beside right

CHASSE TO THE LEFT

- 9-10 Step left foot to left, step right foot beside left
- 11-12 Step left foot to left, step right foot next to left
- 13-14 Step left foot to left, step right foot beside left
- 15-16 Step left foot to left, step right beside left

JAZZ VINE RIGHT INTO A CHA-CHA STEP

- 17-18 Step right foot to right, step left foot behind right
- 19&20 Step right next to left, step left foot in front of right, step right next to left
- 21-22 Step left foot forward, step right foot forward (feet slightly apart)
- 23&24 Stepping left, right, left back into place

JAZZ VINE LEFT INTO A CHA-CHA STEP

- 25-26 Step right foot behind left, step left next to right
- 27&28 Step right foot in front of left, step left foot next to right, step down on right
- 29-30 Step left forward, step right foot forward (feet slightly apart)
- 31&32 Stepping left, right, left back into place

RIGHT KICKS INTO A SAILOR SHUFFLE

- 33-34 Kick right foot to the front, kick right foot to the side
- 35&36 Step right behind left, step back with left foot, step right next to left

LEFT KICKS INTO A TURNING SAILOR SHUFFLE

- 37-38 Kick left foot to the front, kick left foot to the side
- 39&40 Step left behind right, step right beside left, step left beside right (while turning to left)

RIGHT JAZZ VINE WITH DRAG

- 41-42 Step right foot to right, step left behind right
- 43&44 Step right foot to right (slightly apart), drag it next to left

LEFT JAZZ VINE WITH DRAG

- 45-46 Step left foot to left, step right behind left
- 47-48 Step left foot to left (slightly apart), drag next to right

CHARLESTON INTO A COASTER STEP

- 49-50 Step forward with right foot, kick left foot forward
- 51-52 Back with left, step right foot back
- 53-54 Step right foot next to left, kick left foot forward
- 55&56 Step back with left foot, step right next to left, step left forward slightly

CHARLESTON INTO A COASTER STEP

57-58 Step forward with right foot, kick left foot forward
59-60 Back with left, step right foot back
61-62 Step right foot next to left, kick left foot forward
63&64 Step back with left foot, step right next to left, step left forward slightly

REPEAT
