

Count: 32 Wand: 4 Ebene: Improver Choreograf/in: Raymond Sarlemijn (NL) & José Miguel Belloque Vane (NL)

Musik: My Love - Justin Timberlake



ARM MOVEMENT, SLIDE, TOGETHER, ROCK FORWARD, 1/4 TURN LEFT, HOLD

1 Hold right arm in front of chest and push a	າ arm forward
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- 2 Repeat count 13 Slide left foot to left
- 4 Close right foot next to left foot
- 5 Rock forward on right foot, while doing this put right shoulder up
- Recover on left foot, while doing this turn 1/4 over left and put left foot shoulder up
- 7 Close right foot next to left foot
- 8 Hold

STEP BACK DIAGONAL AND ARM MOVEMENTS, HOLD, STEP FORWARD, OUT, OUT, LOOK RIGHT, HOLD

- 1 Right foot step diagonal back wards, while doing this put both arms above your head
- Lower both arms a little bitLift arms up above your head
- 3 Left foot step diagonal backwards, while doing this bring arms hips height
- 4 Hold
- Right foot step forward
 Left foot step forward
 Right foot step out to right
- 7 Left foot step out to left while doing this look to right side
- 8 Hold

JUMPS TO LEFT, ROCK TO SIDE, TURN 1/4 RIGHT, SAILOR STEP, HOLD

- 1 Jump on both feet to left
- 2 Repeat count, jump on both to left
- Right foot rock to right, while doing this put right elbow out to right
- 4 Recover weight on left foot, while doing this turn 1/4 over right
- 5 Right foot step back
- & Left foot step next to right foot
- 6 Right foot step forward
- 7 Left foot step forward
- 8 Hold

BOUNCE FORWARD, HOLD, HEEL MOVEMENTS, TURN 1/4 LEFT, SLIDE TO LEFT

- 1 Right foot step forward, while doing this bent throw knees
- & Recover weight on left foot
- 2 Put weight on right foot
- 3 Left foot step forward
- 4 Hold
- 5 Flick right heel backwards right knee and touch it with left hand
- & Flick right heel up and touch with right hand
- Turn ¼ over left, while doing this flick right heel in front of left knee and touch it with left hand
- 7 Slide right foot to right
- 8 Touch left foot next to right foot and start again and have fun