

My Life Too

COPPER KNOB
BY STEPHENETS

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Heather Frye (CAN)

Musik: It's My Life - No Doubt



ANGLED TO RIGHT CORNER - STEP TOGETHER STEP TOUCH, ANGLED TO LEFT CORNER - STEP TOGETHER STEP TOUCH

- 1-2 Step right foot forward on an angle, step left beside right
- 3-4 Step right foot forward on an angle, touch left beside right
- 5-6 Step left foot forward on an angle, step right beside left
- 7-8 Step left foot forward on an angle, touch right beside left

KICK RIGHT FORWARD, STEP OUT RIGHT, LEFT, POP RIGHT KNEE IN, MAKE ¼ TURN RIGHT ONTO RIGHT, STEP FORWARD LEFT, PIVOT ½ TURN RIGHT, LEFT KICK-BALL-STEP

- 1&2 Kick right foot forward, step right foot out, step left foot out - feet should be shoulder width apart
- 3-4 Roll right knee in towards left leg, roll right knee out making a ¼ turn right stepping onto right foot
- 5-6 Step forward onto left, pivot half turn right taking weight onto right
- 7&8 Kick left foot forward, rock back onto the ball of left foot, step forward onto right foot

ROCK FORWARD LEFT, RECOVER RIGHT, LEFT COASTER STEP, RIGHT KICK-BALL-STEP (TWICE)

- 1-2 Rock forward onto left, recover weight back onto right
- 3&4 Step left back, close right to left, step forward onto left
- 5&6 Kick right foot forward, rock back onto the ball of the right foot, step forward onto left foot
- 7&8 Kick right foot forward, rock back onto the ball of the right foot, step forward onto left foot

STEP TURN ¼ LEFT, STEP SIDE LEFT, TOUCH RIGHT BESIDE, STEP SIDE RIGHT, TOUCH LEFT BESIDE, TRIPLE FORWARD MAKING A ¼ TURN LEFT

- 1-2 Step right forward, pivot ¼ turn left keeping weight on right foot and touch left beside right
- 3-4 Step side left, touch right beside left
- 5-6 Step side right, touch left beside right
- 7&8 Make a ¼ turn left triple step forward onto left, close together with right, step forward onto left

REPEAT
