

# My Heart Is Lost To You

**COPPER** **KNOB**  
STEPSHEETS

Count: 32

Wand: 2

Ebene: Intermediate

Choreograf/in: Bill Larson (AUS)

Musik: My Heart Is Lost to You - Brooks & Dunn



## STEP TURN / KICK COASTER CROSS, SIDE ROCK CROSS SHUFFLE

- 1-2 Step left forward, turning  $\frac{1}{2}$  right kick right foot forward (facing 6:00)  
3&4 Step right foot back, step left beside right, cross right over left  
5-6 Step left to left side, recover weight onto right  
7&8 Cross shuffle to right: stepping left right left

## TURN TURN CROSS SHUFFLE, SIDE ROCK SAILOR STEP

- 1 Turning  $\frac{1}{4}$  turn left, step back on right  
2 Turning  $\frac{1}{4}$  turn left, step left to side  
3&4 Cross shuffle to left: stepping right left right  
5-6 Step left to left side, recover weight onto right  
7&8 Step left behind right, step right to right side, rock weight onto left

## FORWARD ROCK FULL TURN TRIPLE STEP, FORWARD ROCK ROLL BACK

- 1-2 Step right forward, recover weight onto left  
3&4 Turning a full turn right, triple step right left right  
5-6 Step left forward, recover weight onto right  
7-8 Rolling back a full turn left, step left right (facing 12:00)

## BACK ROCK SHUFFLE FORWARD, TURN SHUFFLE BACK, BACK ROCK

- 1-2 Step left foot back, recover weight forward onto right  
3&4 Shuffle forward: left right left (facing 12:00)  
5&6 Turning  $\frac{1}{2}$  left shuffle backward: right left right  
7-8 Step left foot back, recover weight forward onto right (6:00)

## REPEAT

## RESTART

On wall 4 facing back wall and on wall 8 facing front wall, dance the first 12 counts, then restart dance after "cross shuffle to left: stepping right left right"