

My Heart

Count: 36

Wand: 4

Ebene: Improver

Choreograf/in: Allan Watson (AUS)

Musik: Under the Influence of Love - Gina Jeffreys



2 RIGHT KICK-BALL CHANGES

- 1&2 Kick right foot forward, step right, left on spot
3&4 Kick right foot forward, step right, left on spot

MONTEREY TURN RIGHT

- 1-2 Touch right toe to right side, together
3-4 Turn ½ left, toe to left side, together
5-6 Touch right toe to right side, together
7-8 Turn ½ left, toe to left side, together

RIGHT SHUFFLE FORWARD, ROCK FORWARD LEFT, BACK RIGHT

- 1&2 Step right forward, bring left behind, step right forward
3-4 Step forward on left locking forward, step back on right rocking back

LEFT SHUFFLE FORWARD, ROCK BACK RIGHT, FORWARD LEFT

- 1&2 Step left back, bring right behind, step right forward
3-4 Step back on right, rocking backward, step forward on left, rocking forward

RIGHT SIDE SHUFFLE, ROCK RIGHT, LEFT

- 1&2 Step right to right, step left beside right, step right to right
3-4 Step left back and behind right rocking to right, rock forward onto right taking weight

LEFT SHUFFLE FORWARD, ¼ TURN LEFT, PIVOT

- 1&2 Step left forward, bring right to left, step left forward
3-4 Right toe forward, ¼ turn left on ball of left foot

DOUBLE HIP BUMPS FORWARD, DOUBLE HIP BUMPS BACK

- 1&2 Bump hips forward twice
3&4 Bump hips back twice

SINGLE HIP BUMPS

- 1-2 Bump hips forward, bump hips back
3-4 Bump hips forward, bump hips back

REPEAT
