

# My First

Count: 64

Wand: 2

Ebene: Intermediate hustle

Choreograf/in: Lynne Martino (USA)

Musik: You're the First, the Last, My Everything - Barry White



## **FORWARD WALKS, RIGHT FORWARD COASTER STEP, LEFT STEP LOCKS BACK**

- 1-2 Walk forward right, left
- 3&4 Step forward right, step left together, step right back
- 5-6 Step back on left, cross step right over left
- 7&8 Step back on left, cross step right over left, step back on left

## **RIGHT ROCK STEP BACK, FORWARD RIGHT SHUFFLE, ½ TURN RIGHT, FULL TURN RIGHT(OR LEFT FORWARD SHUFFLE**

- 1-2 Rock back on right recover left
- 3&4 Shuffle forward right, left, right
- 5-6 Step forward on left, turning ½ turn right stepping forward on right
- 7&8 Step ¼ right on left, step ½ turn right stepping forward on right, step ¼ right on left

**Alternative steps: forward shuffle left, right, left**

## **FORWARD WALKS, RIGHT FORWARD COASTER STEP, LEFT STEP LOCKS BACK**

- 1-2 Walk forward right, left
- 3&4 Step forward right, step left together, step right back
- 5-6 Step back on left, cross step right over left
- 7&8 Step back on left, cross step right over left, step back on left

## **RIGHT ROCK STEP BACK, FORWARD RIGHT SHUFFLE, ¼ TURN RIGHT, LEFT CROSS STEPS**

- 1-2 Rock back on right, recover weight on left
- 3&4 Shuffle forward right, left, right
- 5-6 Step forward on left making ¼ turn right, recovering weight on right
- 7&8 Cross step left over right, step on ball of right and cross step left over right

## **WEAVE RIGHT 2, RIGHT ROCK AND CROSS, WEAVE LEFT 2, LEFT ROCK AND CROSS**

- 1-2 Step right to right side, step left behind right
- 3&4 Step right to right side, step on left, step right over left
- 5-6 Step left to left side, step right behind left
- 7&8 Step left to left side, step on right, step left over right

## **WEAVE RIGHT 2, ¼ TURN LEFT COASTER STEP, FORWARD LEFT ROCK, LEFT COASTER STEP**

- 1-2 Step right to right side, step left behind right
- 3&4 Step ¼ left on right, step back on left, step forward on right
- 5-6 Rock forward on left, recover weight on right
- 7&8 Step back on left, step right next to left, step forward on left

## **WEAVE RIGHT 2, RIGHT ROCK AND CROSS, WEAVE LEFT 2, LEFT ROCK AND CROSS**

- 1-2 Step right to right side, step left behind right
- 3&4 Step right to right side, step on left, step right over left
- 5-6 Step left to left side, step right behind left
- 7&8 Step left to left side, step on right, step left over right

## **RIGHT POINTS FORWARD AND SIDE, RIGHT SAILOR STEP, LEFT POINTS FORWARD AND SIDE, LEFT SAILOR STEP**

- 1-2 Point right toe forward and to the right side

3&4            Cross right behind left, step left to left side, step right in place  
5-6            Point left forward and to left side  
7&8            Cross left behind right, step right to right side, step left in place

**REPEAT**

**RESTART**

**3rd time on back wall eliminate last 8 counts (points forward and side)**

**TAG**

**End of dance on the 2nd, 3rd & 4th time on front wall:**

**RIGHT KICKBALL CHANGES, RIGHT & LEFT SIDE POINTS**

1&2            Kick right forward, step back on ball of right, step left next to right  
3&4            Kick right forward, step back on ball of right, step left next to right  
5-6            Point right to right side and hold  
&7&8           Bring right in next to left and point left to left side, bring left in next to right and point right to right side

**This dance is dedicated to Forty Arroyo and the NELOL, Special thanks to Tom and Angela**

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