

Music To My Heart

COPPER KNOB
STEPPED SHEETS

Count: 64

Wand: 2

Ebene: Intermediate

Choreograf/in: Robert Rice (USA)

Musik: Music to My Heart - Natalie Powers



SAILORS, SHUFFLES, DRAG, KICK-BALL-CHANGE

- 1-8 Four backward sailor shuffles starting with right crossing behind left (right-left-right, left-right-left, right-left-right, left-right-left)
- 9-12 Two shuffles forward right-left-right, left-right-left
- 13-16 Point right out to side, drag into arch of left, kick right on diagonal, ball change right, left

LOCK, SHUFFLE, 2 ROCKS & CHASSES WITH ¼ TURN, PIVOT, SHUFFLE

- 17-20 Right lock step forward right left on diagonal, shuffle forward right-left-right staying on diagonal
- 21-24 Rock forward left, return right, triple to the left left-right-left returning to 12:00
- 25-28 Rock back right, return left, triple to the right right-left-right making ¼ turn right
- 29-32 Step left, pivot ½ turn right, triple forward left-right-left (9:00)

ROCK & TURNING TRIPLE, PIVOT, LOCK, ROCK & TURNING SAILOR

- 33-40 Rock forward right, return left, triple around ½ right, step forward left, pivot ½ right, triple forward left-right-left (facing 9:00 again)
- 41-44 Lock step forward right left, shuffle forward right-left-right
- 45-48 Rock left return right, sailor step left-right-left turning ¼ left (facing 6:00)

SKATES, DRAG & POINTS

- 49-52 Skate right twice (right skate-left ball-right skate-left ball)
- 53-56 Step right, drag left behind right, point left out to left side, drag left to arch of right (weight stays on right steps 53-56)
- 57-60 Skate left twice (left skate-right ball-left skate-right ball)
- 61-64 Step left, drag right behind left, point right out to right side, drag right to arch of left (weight stays on left steps 61-64)

REPEAT
