

# Mule Skinner Blues

Count: 48

Wand: 4

Ebene: Intermediate/Advanced polka

Choreograf/in: Daan Geelen (NL)

Musik: Mule Skinner Blues - Dolly Parton



## **SIDE ROCK, SAILOR ¼, ROCK STEP, BALL, STEP, HOOK**

- 1-2 Rock left to left, recover to right  
3&4 Cross left behind right, make ¼ turn to left stepping right to the right side, step left to left  
5&6&7&8 Rock right forward, recover into left, step on ball next to left, rock forward left, recover and hook left feet in front of right shin

## **TRIPLE STEP, ROCK STEP, TRIPLE ½, TURN ½ 2X**

- 1&2 Step left forward, close right, step left forward  
3-4 Rock right forward, recover to left  
5&6 Step right ¼ to right side, close left, step right ¼ to right side  
7-8 Turn ½ to the right on right, step back on left, turn ½ to right on left, step forward on right

## **ROCK STEP, TRIPLE ¾, TURN, BRUSH, HOP, ¼ TURN, APPLE JACK TRAVELING TO THE RIGHT**

- 1-2 Rock forward on left, recover on right  
3&4 Step left ½ turn left, close right, step left ¼ turn to left  
5&6 Brush right feet, hop or jump hitch right knee, and turn ¼ turn left feet shoulder apart  
7&8 Left heel and right toe to the right, left toe and right heel to the right, right heel and left toe center (shoulder apart)

## **CROSS ROCK RECOVER, BOTOFOGO, STEP SIDE, TURN ¼, FLICK, CROSS SHUFFLE**

- 1-2 Cross rock left over right, recover to right  
3&4 Step left to left, close right next to left, cross left in front of right feet  
5-6 Step left to the left side, turn ¼ to left on left and flick right feet back  
7&8 Cross right in front of left, step left to left, cross right in front of left

## **ROCK STEP, CROSS SHUFFLE, ROCK STEP, CROSS, TURN ¼, SPY TURN 1/8**

- 1-2 Rock left to left side, recover to the right  
3&4 Cross left in front of right, step right to right, cross left in front of right  
5-6 Rock right to the right, recover to the left, cross right in front of left, step left back ¼ turn right and turn 3/8 right on ball of left

Facing 19:30

## **GALLOP STEPS, TURN, SPY TURN ½, GALLOP STEPS, ROCK STEP, BEHIND, SIDE, CROSS**

- 1&2 Step right forward 19:30, close left, step forward right  
& Turn ½ on ball of right to right facing 10:30  
3&4 Step left forward, close right, step left forward  
5-6 Rock forward on right 10:30, recover left  
7&8 Step right behind left, step left to left facing 21:00, cross right in front of left

**REPEAT**