

Muddy Water

Count: 56

Wand: 4

Ebene: Intermediate/Advanced

Choreograf/in: Michael Diven (USA)

Musik: Down Into Muddy Water - Shelly Fairchild



STEP, DRAG, STEP, ¼ TURN TOUCH, STEP, HEEL, STEP, TOUCH, STEP, HEEL, STEP, TOUCH

- 1-2 Step right foot to right side, drag left beside right foot
- 3-4 Step right foot to right side with a ¼ turn right, touch left foot beside right foot
- &5 Step back onto left foot while extending the right heel forward
- &6 Step right foot back to center while touching left toe next to right foot
- &7 Step back onto left foot while extending the right heel forward
- &8 Step right foot back to center while touching left toe next to right foot

STEP, ½ PIVOT, LEFT SHUFFLE, TOE TOUCH, STEP, TOE TOUCH, STEP

- 1-2 Step forward on left foot and pivot ½ turn to the right (weight shifts to the right foot)
- 3&4 Left shuffle forward - right, left, right
- 5-6 Touch right toe forward, step down onto right heel
- 7-8 Touch left toe forward, step down onto left heel

RIGHT DIAGONAL STEP, CROSS STEP, STEP, STEP, CROSS STEP, LEFT DIAGONAL STEP, STEP, STOMP

- 1-2 Step forward at a right diagonal with the right foot, cross step left behind right foot
- 3-4 Step forward at a right diagonal with the right foot, step left foot at a left diagonal to left side
- 5-6 Cross step right behind the left foot, step left foot forward at a left diagonal
- 7-8 Step right foot forward, stomp left foot forward

STEP, HITCH X 4, BACK ROCK, RECOVER, SIDE ROCK, RECOVER

- 1& Step back on the right foot while hitching your left knee
- 2& Step back on the left foot while hitching your right knee
- 3& Step back on the right foot while hitching your left knee
- 4& Step back on the left foot while hitching your right knee
- 5-6 Rock back onto the right foot, recover weight back to the left foot
- 7-8 Side rock onto the right foot, recover weight back to the left foot

STEP RIGHT, DRAG, STEP RIGHT, DRAG, STEP LEFT, DRAG, STEP LEFT, DRAG

- 1-2 Step right foot to right side, drag left next to right foot
- 3-4 Step right foot to right side, drag left next to right foot
- 5-6 Step left foot to the left side, drag right foot next to the left foot
- 7-8 Step left foot to the left side, drag right foot next to the left foot

KICK RIGHT FRONT, KICK RIGHT SIDE, RIGHT SAILOR STEP, LEFT SAILOR STEP, RIGHT SAILOR STEP

- 1-2 Kick right foot forward then to the right side
- 3&4 Right sailor step
- 5&6 Left sailor step
- 7&8 Right sailor step

KICK LEFT FRONT, KICK LEFT SIDE, LEFT SAILOR STEP, RIGHT SAILOR STEP, LEFT SAILOR STEP

- 1-2 Kick left foot forward then to the left side
- 3&4 Left sailor step
- 5&6 Right sailor step

7&8

Left sailor step

REPEAT
