

# Movin' West (P)

Count: 32

Wand: 0

Ebene: Partner

Choreograf/in: Cindy Hall (USA)

Musik: Heart's Desire - Lee Roy Parnell



**Position: Side by side**

## **RIGHT, LEFT, KICK-BALL CROSS, TOE STRUT, HEEL HOOK**

- 1-2 Step right foot to right side, cross left foot behind right foot
- 3 Kick right foot forward
- &4 Step on ball of right foot, step left foot across right foot
- 5-6 Touch right toe forward, lower right heel to floor
- 7-8 Touch left heel forward, hook left foot across right shin

## **SHUFFLES (1 TURNING ½ TO RIGHT, 2 STRAIGHT BACK), STEP ½ PIVOT**

- 9&10 Left & right, left (making ½ turn to right, now facing RLOD) (left arms come over lady's head into cross-armed position)
- 11&12 Right & left, right backward
- 13&14 Left & right, left backward
- 15-16 Step right foot forward, pivot ½ turn left (now facing LOD) (left arms come over lady's head back into side-by-side position)

## **GRAPEVINE, CHA-CHA-CHA, FORWARD, HITCH, FORWARD, HITCH**

- 17-18 Step right foot to the right, step left foot behind right
- 19&20 Step right, left, right (traveling toward outside of circle)
- 21-22 Step left foot forward, hitch right knee up (turning slightly toward ILOD)
- 23-24 Step right foot forward, hitch left knee up (turning toward OLOD)

## **STEP, BEHIND, STEP BEHIND (FACING OLOD)**

- 25-28 Step left foot to left, step right foot behind left foot, step left foot to left, step right foot behind left foot

## **MAN: STEP, BEHIND, STEP ¼ TURN LEFT, SCUFF LADY: ROLL, SCUFF**

- 29-32 **MAN:** Step left foot to left, step right foot behind left, Step left foot ¼ turn left, scuff right  
**LADY:** 1 ¼ turn to the left ( stepping left, right, left) scuff right

**REPEAT**

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