

Movin On Up

Count: 32

Wand: 0

Ebene:

Choreograf/in: Crazy Chris (UK) & Katie Adams (UK)

Musik: Keep On Movin' - Five



VAUDEVILLE STEPS, STEP ¼ TURN

- &1 Step weight back onto left, cross step right over left
- &2 Step left back to left diagonal, touch right heel to right diagonal
- &3 Step right to place, cross step left over right
- &4 Step right back to right diagonal, touch left heel to left diagonal
- &5-6 Step left to place, step forward right, pivot ½ turn left
- 7-8 Step forward right, pivot ¼ turn left

KICKS SAILOR STEP, KICKS SAILOR STEP ¼ TURN

- 1-2 Kick right diagonal left, kick right diagonal right
- 3&4 Step right behind left, step left to left step right to right
- 5-6 Kick left diagonal right, kick left diagonal left, step left behind right
- 7&8 Step right to right, step left ¼ turn left

ROCKS WITH TURNING CHA-CHA-CHA AND CROSS STEP CROSS

- 1-2-3&4 Rock forward right, rock back left, ½ turn shuffle (right, left, right)
- 5-6 Step back left diagonal, step back right diagonal
- 7&8 Cross left over right, step right to right, cross left over right

HEEL JACKS WITH BODY SHIMMY

- &1 Step back right diagonal, touch left heel to left diagonal
- &2 Step left back to place, step right beside left
- &3 Step back right diagonal, touch left heel to left diagonal
- &4 Step left back to place, step right beside left
- &5 Step left to left side, step right to right side
- 6-8 Shimmy shoulders bending knees down and up

REPEAT

TAG

On wall 3 and 5 at end of sequence

- 1-2 Rock forward right, rock back left
- 3-4 Step right ½ turn left, step right with body roll