Movin' Fast

Count: 48   **Wand:** 2   **Ebene:** Improver

Choreograf/in: Nancy Morgan (USA)

Musik: Squeeze Me In - Garth Brooks & Trisha Yearwood

2 HEEL SPREADS, PUT HEEL FORWARD AND TOGETHER, PUT HEEL FORWARD AND TOGETHER

1-2	Spread heels apart and put back together
3-4	Spread heels apart and put back together
5-6	Put right heel forward, put right next to left
7-8	Put left heel forward, put left next to right

TOUCH FORWARD AND BACK AND HEEL DROP TOE, TOUCH FORWARD AND BACK AND HEEL DROP TOE

1-2	Tap right heel forward, tap right toe back
3-4	Put right heel forward, drop toe to ground (weight is on right)
5-6	Tap left heel forward, tap left toe back
7-8	Put left heel forward, drop toe to ground (weight is on left)

JAZZ BOX WITH ¼ TURN, ½ PIVOT TURN, ¼ PIVOT TURN

1-2	Cross right over left, step back on left as you turn ¼ turn to your right
3-4	Step right to right side, step forward on left
5-6	Step right foot forward, turn ½ turn to left (weight is on left)
7-8	Step right foot forward, turn ¼ turn to left (weight is on left)

JAZZ BOX WITH ¼ TURN, 2 ½ TURN PIVOT TURNS

1-2	Cross right over left, step back on left as you turn ¼ turn to your right
3-4	Step right to right side, step forward on left
5-6	Step right foot forward, turn ½ turn to left (weight is on left)
7-8	Step right foot forward, turn ½ turn to left (weight is on left)

VINE RIGHT, BRUSH, VINE LEFT WITH ¼ TURN, BRUSH

1-2	Step right to right side, step left behind right
3-4	Step right to right side, brush left foot forward
5-6	Step left to left side, step right behind left
7-8	Step left foot forward as you turn ¼ turn to left, brush right foot slightly forward

STEP BACK 3 STEPS, HITCH, STEP, TOGETHER, STEP, STOMP

1-2	Step back on right, back on left
3-4	Step back on right, hitch with left
5-6	Step forward on left, slide right to left
7-8	Step forward on left, stomp right next to left

REPEAT