

Move Your Feet

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Paulette Hylands (UK)

Musik: Move Your Feet - Junior Senior



Sequence: 32, 32, 28, TAG, 32, 32, 28, TAG, etc. At the end, just repeat the TAG

STEP LEFT DOWN, STEP RIGHT FORWARD, HOLD, PIVOT ¼ TURN LEFT, BACK LEFT COASTER STEP, FORWARD RIGHT SHUFFLE, HOLD

- &1-2 Step left back, step forward on right, hold
- 3-4& Pivot ¼ turn left, step back on left, step right beside left
- 5-6& Step forward on left, step forward on right, slide left behind right
- 7-8 Step forward on right, hold

PIVOT ¼ RIGHT POINTING LEFT TOE TO LEFT SIDE, HOLD, CROSS SHUFFLE, WALK ¾ ROUND, POINT LEFT

- 1-2 Pivot ¼ right on ball of right pointing left to left side, hold
- 3&4 Cross left over right, slide right to left, step left forward
- 5-6 Step right to right side, step left ¼ left
- 7-8 Step right ½ turn left, point left to left side

KICK BALL CROSS, UNWIND ½ TURN LEFT, FORWARD RIGHT SHUFFLE, CROSS LEFT OVER RIGHT, UNWIND ½ TURN RIGHT, STEP LEFT FORWARD

- 1&2 Kick left forward, step left beside right, cross right over left
- 3-4 Unwind ½ turn left, step forward on right
- &5-6 Slide left up to right, step forward on right, cross left over right
- 7-8 Unwind half turn right, step forward on left

SLIDE RIGHT TO LEFT, STEP LEFT FORWARD, HOLD, SLIDE RIGHT TO LEFT, STEP LEFT FORWARD, HOLD, SLIDE RIGHT TO LEFT, ROCK FORWARD ON LEFT, RECOVER ON RIGHT, STEP BACK ON LEFT, PIVOT FULL TURN LEFT

- &1-2 Slide right behind left, step forward on left, hold
- &3-4 Slide right behind left, step forward on left, hold
- &5-6 Slide right behind left, rock forward on left, recover weight on right
- 7-8 Step back on left, pivot full turn left

REPEAT

TAG

POINT, HOLD, ¼ PIVOT POINTING LEFT TO LEFT SIDE, HOLD, ¼ PIVOT POINTING LEFT TO LEFT SIDE, HOLD, ¼ PIVOT POINTING LEFT TO LEFT SIDE, HOLD

- 1-2 Point left to left side, hold
- &3-4 Hitch, pivot ¼ turn right on ball of right pointing left out to left side
- &5-6 Hitch, pivot ¼ turn right on ball of right pointing left out to left side
- &7-8 Hitch, pivot ¼ turn right on ball of right pointing left out to left side

At end of dance repeat tag along with the music