

A Moment In Time

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Charlie Bowring (UK)

Musik: Un Momento Alla - Rick Trevino



ROCK RECOVER, ¼ SHUFFLE, ROCK RECOVER BACK & BACK

- 1-2 Step right across left, rock back on to left
- 3&4 Shuffle right with ¼ turn right
- 5-6 Step left forward, rock back on to right
- 7& Step back on ball of left, step right beside left
- 8& Step back on ball of left, step right beside left

ROCK SHUFFLE FORWARD, ROCK SHUFFLE ½ RIGHT

- 9-10 Step left back, rock forward onto right
- 11&12 Left shuffle forward
- 13-14 Step right forward, rock back on to left
- 15&16 Shuffle ½ turn back over right shoulder (right, left, right)

ROCK SHUFFLE ½ LEFT, RIGHT LOCK, RIGHT LOCK RIGHT

- 17-18 Step left forward, rock back on to right
- 19&20 Shuffle ½ turn back over left shoulder (left, right, left)
- 21-22 Step right forward, step left up behind right
- 23&24 Step right forward, step left up behind right, step right forward

¼ RIGHT TOUCH, ¼ RIGHT TOUCH, LEFT LOCK LEFT STEP ½

- 25-26 ¼ turn right stepping left to side, touch right beside left
- 27-28 ¼ turn right, stepping right forward, touch left beside right
- 29&30 Step left forward, step right up behind left, step left forward
- 31-32 Step right forward, pivot ½ turn left

REPEAT
