

**Count:** 64**Wand:** 4**Ebene:** Intermediate**Choreograf/in:** Kate Sala (UK) & Robbie McGowan Hickie (UK)**Musik:** Are You Ready to Ride? - Sarah Connor**SYNCOPATED TOE TOUCHES, KNEE HITCH & CROSS, CHASSE LEFT, SYNCOPATED ROCK STEPS**

- 1& Touch right toe out to right side, step right beside left  
2& Touch left toe out to left side, step left beside right  
3&4 Touch right toe out to right side, hitch right knee across left leg, cross step right over left  
5&6 Step left to left side, close right beside left, step left to left side  
7&8 Rock back on right, rock forward on left, rock back on right (use your hips)

**CROSS, SIDE, BEHIND & CROSS, ¼ TURN RIGHT, ½ TURN RIGHT, SIDE ROCK ¼ TURN RIGHT, RECOVER**

- 1-2 Cross step left over right, step right to right side  
3&4 Cross left behind right, step right to right side, cross step left over right  
5-6 Turn ¼ turn right stepping forward on right, turn ½ turn right stepping back on left  
7-8 Turn ¼ turn right rocking right out to right side, recover weight on left (facing 12:00)

**CROSS, HOLD, CHASSE LEFT, RIGHT COASTER ¼ TURN RIGHT, FORWARD ROCK, HOOK**

- 1-2 Cross step right over left, hold  
3&4 Step left to left side, close right beside left, step left to left side  
5&6 Turn ¼ turn right stepping back on right, step left beside right, step forward on right  
7-8 Rock forward on left, rock back on right  
& Hook left heel across right shin (facing 3:00)

**LEFT SHUFFLE FORWARD, RIGHT FORWARD MAMBO, TOUCH-BACK-TOUCH, CROSS, UNWIND ½ TURN RIGHT**

- 1&2 Left shuffle forward stepping left, right, left  
3&4 Rock forward on right, rock back on left, step back on right  
5&6 Touch left toe out to left side, step left directly behind right heel, touch right toe out to right side  
7-8 Cross right behind left, unwind ½ turn right (weight on right) (facing 9:00)

**LEFT SHUFFLE FORWARD, RIGHT FORWARD MAMBO, TOUCH-BACK-TOUCH, CROSS, UNWIND ½ TURN RIGHT**

- 1-8 Repeat above counts 1-8 (now facing 3:00)

**TOE TOUCH, HEEL FLICK ¼ TURN RIGHT, STEP, PIVOT ½ TURN RIGHT, TRIPLE ½ TURN RIGHT, RIGHT COASTER**

- 1-2 Touch left toe forward, flick left heel up and back turning ¼ turn right  
3-4 Step forward on left, pivot ½ turn right  
5&6 Left triple step turning ½ turn right stepping left, right, left  
7&8 Step back on right, step left beside right, step forward on right (facing 6:00)

**STOMP, HOLD-LOOKING ¼ RIGHT, HEEL SWIVELS ¼ TURN RIGHT, RIGHT MAMBO BACK, LEFT SIDE MAMBO**

- 1-2 Stomp forward on left, hold for 1 count: turning head ¼ right  
3&4 Swivel heels left, swivel heels right, swivel heels left turning ¼ turn right, (weight on left)  
5&6 Rock back on right, rock forward on left, step forward on right  
7&8 Rock left out to left side, recover weight on right, step forward on left (facing 9:00)

**PADDLE TURN ¼ TURN LEFT X 4, CROSS & BEHIND, SWEEP, BEHIND & CROSS**

- 1& Turn ¼ turn left touching right toe out to right side, recover weight on left
- 2& Turn ¼ turn left touching right toe out to right side, recover weight on left
- 3& Turn ¼ turn left touching right toe out to right side, recover weight on left
- 4& Turn ¼ turn left touching right toe out to right side, recover weight on left
- 5&6 Cross step right over left, step left to left side, cross right behind left
- & Sweep left out and around behind right
- 7&8 Cross left behind right, step right to right side, cross step left over right (facing 9:00)

**REPEAT**

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