

Mixed Up Mess

Count: 63

Wand: 2

Ebene: Improver

Choreograf/in: Lesley McIvor & Trevor Eaton (AUS)

Musik: Mixed up Mess of a Heart - Danni Leigh



-
- | | |
|---|---|
| 1-2 | Touch right heel at 45 degrees, hold |
| 3-4 | Touch right toe across left, hold |
| 5-6 | Touch right heel at 45 degrees right, hold |
| 7-8 | Hook right heel across left leg, hold |
| | |
| 9-12 | Step right to right side, left in front of right, right to right side, left behind right |
| 13-16 | Touch right toe to right side, while turning ½ to right step right next to left, touch left to left side, step left together |
| | |
| 17-20 | Right heel at 45 degrees, step right together, left heel at 45 degrees, left together |
| 21-24 | Right forward on right at 45 degrees, lock left behind right, step forward on right, scuff left foot forward |
| | |
| 25-28 | Left forward on left at 45 degrees, lock right behind left, step forward on left, scuff right foot forward |
| 29-32 | Step forward on right turning ½ to left, hold. Step back on left while turning ½ to left, hold |
| On the bridge in the music, only dance through count 32 before starting over at the beginning. | |
| | |
| 33-36 | Vine to the right scuff left foot |
| 37-40 | Vine to the left scuff right foot |
| | |
| 41-44 | Step forward on right, hold, step forward on left, hold |
| 45-48 | Step forward on right, step forward on left, step back on right, hold |
| | |
| 49-52 | Step back on left, hold, step back on right, hold |
| 53-56 | Step back on left, step back on right, step forward on left, hold |
| | |
| 57-60 | Step back on right while turning ½ to right, hold, step forward on left while turning ½ to right, hold |
| 61-64 | Turning full turn to the right stepping right, left, right, left keep weight on the left(this is done in a back kicking motion) |

REPEAT
