

# Mitzy's (Dance Studio)

**COPPER** KNOB  
STEPSHEETS

Count: 0

Wand: 4

Ebene: Intermediate

Choreograf/in: Sonia Darquea (USA) & Ric Darquea (USA)

Musik: Perfidia - John Altman



## INTRODUCTION STEPS DESCRIPTION (1-112)

### BASIC MERENGUE STEPS

- 1-8 Side left, right together, side left, right together, side left, right together, side left, right touch
- 9-16 Side right, left together, side right, left together, side right, left together, side right, left touch
- 17-20 Side left, right together, side left, right touch
- 21-24 Side right, left together, side right, left touch

### BASIC CHA-CHA STEPS

- 25-28 Rock forward on left, recover right, cha-cha steps in place (left, right, left)
- 29-32 Rock back on right, recover left, cha-cha steps in place (right, left, right)
- 33-36 Rock to left side, recover right, cha-cha steps in place (left, right, left)
- 37-40 Rock to side on right, recover left, cha-cha steps turning ½ to right (right, left, right) (6:00)
- 41-80 Repeat steps 1-40 (12:00)

### BREAK STEPS: STOMP, HOLD 3 COUNTS (REPEAT 6X), POINT LEFT FORWARD, HOLD 3 COUNTS, LEFT RONDE

- 81-84 Stomp left diagonally forward, hold 3 counts
- 85-88 Stomp right diagonally forward, hold 3 counts
- 89-92 Stomp left diagonally forward, hold 3 counts
- 93-96 Stomp right diagonally back, hold 3 counts
- 97-100 Stomp left diagonally back, hold 3 counts
- 101-104 Stomp right diagonally back, hold 3 counts

On the break steps, throw both arms down along with the stomp, palms facing down, fingers fanned for 2 counts, lift closed hands waist high for last 2 counts. Turn shoulders diagonally opposite

- 105-112 Point left toes forward, hold 3 counts), left ronde (front to back in 4 counts)

### THE MAIN DANCE

#### BASIC CHA-CHA FORWARD, BASIC CHA-CHA BACK

- 1-4 Rock forward left, left cha-cha in place (left, right, left)
- 5-8 Rock back right, right cha-cha in place (right, left, right)

#### 2 COUNT VINE TO LEFT, SHUFFLE TURN ¼ TO LEFT

- 9-12 Side step left, right step behind left, left shuffle ¼ to left (left, right, left) (9:00)
- 13-16 Rock forward on right, recover on left, right shuffle turn ½ to right 3:00

#### WALK 2 STEPS FORWARD, 2 SHUFFLE ½ TURNS TO RIGHT, ROCK LEFT FORWARD

- 17-18 Walk forward: left, right
- 19-22 Left shuffle turn ½ to right, right shuffle turn ½ to right (full turn, moving forward)
- 23-24 Rock forward on left, recover on right

### REPEAT

### BREAK STEPS

- 1-4 Stomp left diagonally forward, hold 3 counts
- 5-8 Stomp right diagonally forward, hold 3 counts

On the break steps, throw both arms down along with the stomp, palms facing down, fingers fanned for 2 counts, lift closed hands waist high for last 2 counts. Turn shoulders diagonally opposite

#### **BASIC MERENGUE STEP**

Side step with bent knee bringing right hip up, step right together with bent, knee bringing left hip up

#### **BASIC CHA-CHA STEP**

Basic cha-cha steps are rock step, shuffle in place

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