Minute Waltz



Count: 24 Wand: 4 Ebene: Beginner waltz

Choreograf/in: Bill Bader (CAN)

Musik: Teach Me To Dance - Greg Holland



BACK/LEFT, BESIDE, BESIDE, BACK/RIGHT, BESIDE, BESIDE

1	Step back/left with	left keeping toe towards	front wall (12 o'clock)

Step right next to leftStep left next to right

4 Step back/right with right keeping toe pointed at front wall(12 o'clock)

5 Step left next to right6 Step right next to left

BACK, DRAW, CLOSE, FORWARD, FULL SPIN, ANCHOR FORWARD

1 Keeping right toe/ball on floor pointing forward: step left back behind right with left turning ¼ left. Upper body turns left to approximately 9 o'clock. Keep face forward towards 12 o'clock

Slide right toe back towards left instep gradually lifting right heel

4 Step right forward

2-3

5 Step left slightly forward onto a full spin right (full turn)

Acceptable to simply step forward slightly with left

6 Step right slightly forward (still facing 12 o'clock)

FORWARD, BESIDE, BESIDE, BACK, BESIDE, BESIDE

1 Step left forward
2 Step right beside left
3 Step left beside right
4 Step right back
5 Step left beside right
6 Step right beside left

1/4 LEFT, FORWARD, 1/2 PIVOT, FORWARD, TOUCH, HOLD

1 Step left to left side turning ¼ left

2 Step right forward (toward 9 o'clock wall)

3 Pivot turn ½ left on left
4 Step right forward
5 Touch left beside right

6 Hold

REPEAT