

# Millie

Count: 64

Wand: 2

Ebene: Intermediate

Choreograf/in: Pete Cranwell (UK) & John Sharman (UK)

Musik: Millie - Speed Limit



## ROCK & ROCK & ROCK & CROSS

- 1-4 Rock forward right, left in place, rock back on right, left in place  
5-8 Rock right to right side, left in place, cross right over left, hold for one beat

## SIDE, TOGETHER, STEP, LOCK, STEP, SCUFF, STEP

- 9-12 Step left to left side, right together, step forward left, lock right behind left  
13-16 Step forward left, scuff right foot forward, step on right, hold for one beat

## ROCK & ROCK & ROCK & CROSS

- 17-20 Rock forward left, right in place, rock back on left, right in place  
21-24 Rock left to left side, right in place, cross left over right, hold for one beat

## SIDE, TOGETHER, BACK, LOCK, BACK, TURN, SIDE

- 25-28 Step right to right side, left together, step back right, lock left over right  
29-32 Step back right, hitch left making a  $\frac{1}{4}$  turn left, step on left to left side, hold for one beat

## CROSS SHUFFLE HOLD, LEFT SHUFFLE BACK HOLD

- 33-36 Step on right over left, step left to left side, step on right over left, hold  
37-40 Make a  $\frac{1}{4}$  turn right and step back on left, step right beside left, step back on left, hold for one beat

## CHASSE RIGHT HOLD, SHUFFLE FORWARD HOLD

- 41-44 Make a  $\frac{1}{4}$  turn right and step on right to right side, left together, step on right to right side, hold for one beat  
45-48 Make a  $\frac{1}{4}$  turn right and step forward on left, right together, step forward left, hold for one beat

## COASTER STEP, TOE STRUT, TOE STRUT

- 49-52 Step forward right, left together, step back right, hold for one beat  
53-56 Step left toe back, heel down, step back right toe, heel down

## COASTER STEP, RIGHT, CLAP, LEFT, CLAP

- 57-60 Step back left, right together, left forward, hold for one beat  
61-64 Step forward right, hold and clap, step forward left, hold and clap

## REPEAT

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