

Milk & Alcohol

Count: 80

Wand: 4

Ebene: Intermediate

Choreograf/in: Gaye Teather (UK)

Musik: Milk and Alcohol - Dr. Feelgood



SIDE RIGHT TOE STRUT, LEFT HEEL, TOE, TWICE

- 1-2 Step right toe to right side, (small step) lower right heel (weight on right)
3-4 Swivel left heel in towards right, swivel left toe in beside right (weight on left)
5-8 Repeat steps 1-4

SIDE RIGHT, TOGETHER, WEAWE ¼ TURN LEFT, STEP, PIVOT ¼ LEFT

- 9-10 Step right to right side, step left beside right
11-12 Cross right over left, step left to left,
13-16 Step right behind left, step left ¼ turn left, step forward on right, pivot ¼ turn left (facing 6:00)

CROSS STRUT, SIDE STRUT, JAZZ BOX TURNING ¼ RIGHT

- 17-20 Cross right toe over left, lower right heel, step left toe to left side, lower left heel
21-22 Cross right over left, step back on left,
23-24 Turn ¼ right stepping right to right side, step left beside right (facing 9:00)

CROSS STRUT, SIDE STRUT, JAZZ BOX TURNING ¼ RIGHT

- 25-32 Repeat steps 17-24 (facing 12:00)

DIAGONAL STEPS FORWARD, RIGHT, TOUCH, LEFT, TOUCH, RIGHT, TOUCH, LEFT, TOUCH

- 33-34 Step right forward on right diagonal, touch left beside right
35-36 Step left forward on left diagonal, touch right beside left
37-40 Repeat steps 33-36

DIAGONAL STEPS BACK RIGHT, TOGETHER, HEEL SPLIT, BACK LEFT, TOGETHER, HEEL SPLIT

- 41-42 Step right back on right diagonal, step left beside right
43-44 Keeping toes together, swivel both heels out and in
45-46 Step left back on left diagonal, step right beside left
47-48 Keeping toes together, swivel both heels out and in

HALF MONTEREY TURN TWICE

- 49-50 Touch right toe to right, on ball of left make ½ turn right stepping right beside left
51-52 Touch left toe to left, step left beside right
53-56 Repeat steps 49-52 (facing 12:00)

VINE RIGHT, TOGETHER, SWIVET RIGHT, SWIVET LEFT

- 57-60 Step right to right, step left behind right, step right to right, step left beside right
61-62 With weight on left toe and right heel, swivel toes right, return to center
63-64 With weight on right toe and left heel, swivel toes left, return to center

VINE ¼ TURN LEFT, TOGETHER, SWIVET RIGHT, SWIVET LEFT

- 65-68 Step left to left, step right behind left, step left ¼ turn left, step right beside left (facing 9:00)
69-70 With weight on left toe and right heel, swivel toes right, return to center
71-72 With weight on right toe and left heel, swivel toes left, return to center (weight ends on left)

WALK BACK RIGHT, LEFT, RIGHT, HITCH, COASTER STEP, HOLD

- 73-76 Walk back on right, left, right, hitch left knee
77-80 Step back on left, step right beside left, step forward on left, hold

REPEAT
