Midwest Shuffle (P)



Count: 56 Wand: 0 Ebene: Partner

Choreograf/in: Al Beczkala (USA) & Barb Beczkala (USA)

Musik: Sorry - Gary Allan

Position: Start facing line of dance, lady on right, man on left, hand joined

SHUFFLE, SHUFFLE, 1/4 TURN, SLAP, SLAP

1&2 MAN: Shuffle forward - left, right, left

LADY: Shuffle forward - right, left, right

3&4 MAN: Shuffle forward - right, left, right

LADY: Shuffle forward - left, right, left

5-6 MAN: Step out on your left and turn ¼ right to face partner shifting weight to right

LADY: Step out on your right and turn 1/4 left to face partner shifting weight to left

7-8 MAN: Slap lady's right hand and hold, slap lady's left hand and hold

LADY: Slap man's left hand and hold, slap man's right hand and hold

SHUFFLE, ROCK STEP, SHUFFLE, ROCK STEP

9&10 MAN: Shuffle to left - left, right, left

LADY: Shuffle to right - right, left, right

11-12 **MAN:** Rock back on right, forward on left

LADY: Rock back on left, forward on right

13&14 **MAN:** Shuffle to right - right, left, right

LADY: Shuffle to left - left, right, left

15-16 MAN: Rock back on left turning ¼ left, rock forward on right (push off with left hand and drop

right hand)

LADY: Rock back on right turning 1/4 right, rock forward on left (push off with right hand and

drop left hand)

ROLLING TURN, BUMP, BUMP

17-20 **MAN:** Turn one full turn right, stepping left, right, left, right

LADY: Turn one full turn left, stepping right left, right, left

21-22 **MAN:** Bump right hip to lady's left hip, twice

LADY: Bump left hip to man's right hip, twice

23-24 MAN: Bump left hip away from lady, twice

LADY: Bump right hip away from man, twice

HEEL TAPS, ROLLING VINE ROLLING VINE, STEP SLIDE

25-28 MAN: Tap right heel four times

LADY: Step to the right on right and begin a full turn to the right traveling to the right, step on

left, step on right, touch left and clap

29-32 MAN: Step to the right on right and begin a full turn to the right traveling to the right, step on

left, step on right, step on left (facing LOD behind - pick up lady's hands at her shoulders) **LADY:** Step to the left on left foot and slide right foot next to left, step on the left and slide right foot next to left (facing LOD in front of man - pick up man's hands at lady's shoulders)

STEP SLIDE, STEP SLIDE

33-36 MAN: Step forward diagonally right, slide left foot next to right, step forward on right, touch

left

LADY: Step forward diagonally right, slide left foot next to right, step forward on right, touch

left

37-40 MAN: Step forward diagonally left, slide right foot next to left, step forward on left, step on

right

LADY: Step forward diagonally left, slide right foot next to left, step forward on left, touch right

STEP IN PLACE, SHIMMY ROLLING VINE, SHIMMY

Drop hands as lady starts turn - as lady finishes turn rejoin lady's left hand to man's right hand

41-44 **MAN:** Step in place - left, right, left, right

LADY: Step to the right on right and begin a full turn to the right traveling to the right, step on

left, step on right, step on left

45-48 **MAN:** Step side left on left foot, slowly sliding right foot next to left (weight ends on right)

LADY: Step side right on right foot, slowly sliding right foot next to left (weight ends on left)

JAZZ BOX, PIVOT TURN

49-52 MAN: Left foot cross over right, right foot step back, left foot step left, right foot step together

LADY: Right foot cross over left, left foot step back right foot step right, left foot step together

53-54 **MAN:** Step out on left foot and turn ½ turn right

LADY: Step out on right foot and turn½ turn left

55-56 **MAN:** Step out on left foot and turn ½ turn right

LADY: Step out on right foot and turn ½ turn left

REPEAT