Mess Of Blues



Count: 0 Wand: 4 Ebene: Improver

Choreograf/in: Judean Owen (USA)

Musik: A Mess of Blues - Elvis Presley



Sequence: AA, BA, BA, Ending

PART A

RIGHT TOE TOUCHES, HOLD, SHUFFLE IN PLACE

Touch right toe forward, hold
Touch right toe back, hold
Touch right toe forward, hold
Shuffle in place right, left, right

LEFT TOE TOUCHES, HOLD, SHUFFLE IN PLACE

Touch left toe forward, hold
Touch left toe back, hold
Touch left toe forward, hold
Shuffle in place left, right, left

1/4 TURN LEFT, 1/4 TURN LEFT, ROCK RECOVER, 1/2 SHUFFLE RIGHT

1-2 Step right foot forward, turn ¼ turn left

3-4 Repeat 1-2

Rock right foot forward, recover on leftshuffle turn right, right, left, right

1/4 TURN RIGHT, 1/4 TURN RIGHT, ROCK RECOVER, 1/2 TURN SHUFFLE LEFT

1-2 Step left foot forward, turn ½ turn right

3-4 Repeat 1-2

5-6 Rock forward on left, recover on right 7&8 ½ shuffle turn left, left, right, left

STEP ½ TURN, SHUFFLE FORWARD

Step right foot forward ½ turn left
Shuffle forward right, left, right
Step left foot forward, ½ turn right
Shuffle forward left, right, left

STEP, 1/4 TURN LEFT, WEAVE LEFT, STEP RIGHT, AND TOGETHER

1-2 Step right foot forward, turn ¼ turn left

3-4 Step right foot behind left, step left foot to left5-6 Cross right foot over left, step left to left

7-8 Step right foot to right, bring left next to right (weight on left)

PART B

STEP RIGHT TO RIGHT DIPPING RIGHT SHOULDER. HOLD. STEP TOGETHER. CLAP

Step right to right (dipping right shoulder), hold, step left (taking weight) next to right, clap
 Step right to right (dipping right shoulder), hold, touch left next to right (weight on right), clap

STEP LEFT TO LEFT DIPPING LEFT SHOULDER, HOLD, STEP TOGETHER, CLAP

1-4 Step left to left (dipping left shoulder), hold, step right (taking weight) next to left, clap

5-8 Step left to left (dipping left shoulder), hold, touch right next to left, clap

ROCK FORWARD, RECOVER, COASTER WITH 1/4 TURN LEFT

1-2	Rock forward on right foot, recover left
3&4	Reverse coaster right, left, right

5-6 Rock forward on left foot, recover on right 7&8 Reverse coaster left, right (turning ½ left) left

SIDE ROCKS, SAILOR STEPS

1-2 Rock right on right foot, recover on left

3&4 Right sailor right, left, right

5-6 Rock left on left foot, recover on right

7&8 Left sailor left, right, left

REPEAT

ENDING

End with part of A (from back wall turn ¼ turn right twice, now facing front wall, rock forward on right, bring left next to right and pose)