

Memphis Chicken

Count: 64

Wand: 4

Ebene:

Choreograf/in: Don Deyne (USA)

Musik: Wake Up Screaming - Gary Allan



CROSS, HOLD & CROSS, HOLD, & CROSS & CROSS & CROSS, SCUFF

- 1-2 Step right across left, hold
- & Slight side step left
- 3-4 Step right across left, hold
- &5 Slight side step left, step right across left
- &6 Slight side step left, step right across left
- &7 Slight side step left, step right across left
- 8 Scuff left beside right

Count 8 can be a scuff, a touch to the side, or a hold

CROSS, HOLD & CROSS, HOLD, & CROSS & CROSS & CROSS, SCUFF

- 9-10 Step left across right, hold
- & Slight side step right
- 11-12 Step left across right, hold
- &13 Slight side step right, step left across right
- &14 Slight side step right, step left across right
- &15 Slight side step right, step left across right
- 16 Scuff right beside left

Count 16 can be a scuff, a touch to the side, or a hold

STEP, HOLD, STEP, HOLD, STEP, HOLD, STEP, HOLD

- 17-20 Step forward right, hold, step forward left, hold
- 21-24 Step forward right, hold, step forward left, hold

ROCK, BACK, TURN, PIVOT, BACK, BACK, TOGETHER, FORWARD

- 25-26 Rock step forward right, recover weight back to left
- 27 Pivot ½ turn right on ball of left and step forward right
- 28 Pivot ½ turn right on ball of right
- 29-30 Step back left, step back right
- 31-32 Step left beside right, step slightly forward right

ROCK SIDE, RECOVER, CROSS, HOLD, ROCK SIDE, RECOVER, CROSS, HOLD

- 33-34 Rock step side left, recover weight to right
- 35-36 Step left across right, hold
- 37-38 Rock step side right, recover weight to left
- 39-40 Step right across right, hold

BACK, CROSS, BACK, CROSS, BACK, CROSS, BACK, ¼ TURN

- 41-42 Step back left, step right back and across left (legs remain crossed from count 40)
- 43-44 Step back left, step right back and across left
- 45-46 Step back left, step right back and across left
- 47-48 Step back left, ¼ turn right and step slightly forward right

STEP, HOLD, STEP, HOLD, STEP, HOLD, STEP, HOLD

- 49-52 Step forward left, hold, step forward right, hold
- 53-56 Step forward left, hold, step forward right, hold

Bump hips and/or shake whatever you got on these moves and on counts 49-56

ROCK, BACK, TURN, PIVOT, BACK, BACK, TOGETHER, FORWARD

57-58 Rock step forward left, recover weight back to right
59 Pivot ½ turn left on ball of right and step forward left
60 Pivot ½ turn left on ball of left
61-62 Step back right, step back left
63-64 Step right beside left, step slightly forward left

REPEAT
