

Meltdown!

Count: 32

Wand: 4

Ebene:

Choreograf/in: Scott Blevins (USA)

Musik: Teary Eyed - Missy Elliot



- 1-2 Press right to right side, recover weight onto left
- 3&4 Step right across and in front of left, make ¼ turn right stepping back on left, hold position (facing 3:00)
- &5-6 Step right next to left, step forward on left, start making ¼ turn right stepping forward on right
- 7&8 Finish making ¼ turn right stepping back on left, step right to right side, step left across and in front of right
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- &a1-2 Take a small step to right on ball of right, step left next to right, kick right to right, step right across and in front of left (facing 6:00)
- 3&4 Make a ¼ turn right stepping back on left, close right next to left, step forward on left
- &5-6 Take a small step forward on ball of right, take a larger step forward on left, step forward on right
- 7&8 Rock forward on left, recover weight onto right, make a ¼ turn right stepping back on left (facing 12:00)
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- &a1-2 Make a ¼ turn right stepping forward on right, make ½ turn right on right, step back on left popping right knee and lifting right shoulder, step back on right popping left knee and lifting left shoulder (facing 9:00)
- 3&4 Make a ¼ turn right stepping back on left, make a ¼ turn right stepping forward on right, step forward on left (facing 3:00)
- &5 Step slightly forward on ball of right, step left slightly forward and to left side
- 6-7 Skate back on right, skate back on left
- &8 Step slightly back and to the right on right, step left across and in front of right (still facing 3:00)
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- &a1-2 Make ¼ turn right stepping forward on right, bring left knee up slightly, step left to left side, make ¼ turn right stepping right to right side (facing 9:00)
- &3-4 Step slightly forward on ball of left, make ¼ turn right stepping right across and in front of left, make ¼ turn right stepping back on left (facing 3:00)
- &5-6 Step on right ball to right, step left across and in front of right, make ¼ turn right stepping forward on right (facing 6:00)
- 7-8& Make ¼ turn right stepping back on left, step right to right side, step left across and in front of right (facing 9:00)

REPEAT
