Me Ma's Sham Rock

Ebene: Intermediate

Count:	64	Wand:	4
Choreograf/in:	Matthew Atkins	(UK)	

Musik: Tell Me Ma - Sham Rock

1&2	Point right to right side, hitch right in front of left, cross right over left
3&4	Step left back, step right beside left, step left forward
5-6	Rock right to right side, recover onto left
7&8	Step right to right side, step left beside right, step right to right
1-2	Rock left in front of right, recover on right
3&4	Triple a full reverse turn over left shoulder on a left, right, left
5&6	Put right heel forward, step right foot together, put left heel forward
&7-8	Step left foot together, put right heel forward, clap
1-2	Step onto left, pivot half a turn right
3&4	Left shuffle
5-6	Rock forward onto right, recover on left
7&8	Triple a three quarter turn right on a right, left, right
1-2	Rock left forward, back on right
3&4	Coaster step left
5-6	Point right to right, place it beside left
7-8	Pivot half turn pointing left, bring in place
1	Rock diagonally forward to left on right foot
&	Step left foot in place
2	Rock diagonally back to right on right foot, kicking left foot forward
&	Step left foot in place
3	Rock diagonally forward to left on right foot
&	Step left foot in place
4	Rock diagonally back to right on right foot, kicking left foot forward
& F	Step left foot in place
5 &	Rock diagonally forward to left on right foot Step left foot in place
6	Rock diagonally back to right on right foot, kicking left foot forward
&	Step left foot in place rock diagonally forward to left on right foot
7	Step left foot in place
&	Rock diagonally back to right on right foot, kicking left foot forward
8	Step left foot in place
1-2	Rock right to right, recover on left
3&4	Sailor step half turn
5&6	Forward mambo right
7&8	Back mambo left
1-2	Step right to right, hold
&3-4	Ball change, hold
&5-6	Ball change, hold
7&8	Left sailor step with quarter turn left





Wand: 4

REPEAT

1-8