Mas O Manos

Count: 32

Ebene: Improver

Choreograf/in: Rob Fowler (ES)

Musik: Somethin' Stupid - Robbie Williams & Nicole Kidman

WALK FORWARD, HALF TURN, SAILOR STEP, SIDE CHASSE

- 1-2 Walk forward right left
- 3 Pivot ¹/₂ right on the balls of both feet
- 4&5 Sweep right foot into sailor step, crossing right behind left, step left to side, step right forward
- 6-7 Cross/rock left over right, recover to right
- 8&1 Step left to side, bring right to left, step left to side. (left side chasse)

ROCK STEP, SIDE CHASSE, LEFT MAMBO, RIGHT MAMBO WITH 1/4 TURN

- 2-3 Cross/rock right over left, recover to left
- 4&5 Step right to side, bring left to right, step right to side. (right side chasse)
- 6&7 Cross/rock left over right, recover weight to right, step left to side
- 8&1 Cross/rock right over left, recover weight to left, as you step onto right make a 1/4 turn right

HALF TURN RIGHT, LEFT SHUFFLE, QUARTER TURN LEFT, CROSS HALF TURN

- 2-3 Step forward on left make 1/2 turn right
- 4&5 Step left forward, close right to left (third position) step forward on left
- 6-7 Step right forward, make a 1/4 turn left
- 8&1 Cross right over left, making 1/4 turn right step slightly back on left continuing turn, step right to side completing ¹/₂ turn right

HOLD, LEFT SIDE HOLD, HIP BUMPS, QUARTER TURN LEFT

- 2 With weight on right hold
- 3-4 Transfer weight to left hold for one count
- 5-6 Bump hips right then left
- 7 Bump hips right
- 8 Make a ¼ turn left on left foot

REPEAT





Wand: 4