

Mary's Back

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Lesley Clark (SCO)

Musik: Family Affair - Mary J. Blige



WALK RIGHT & LEFT, RIGHT MAMBO, ROCK & CROSS, SIDE, BEHIND, ¼ TURN

- 1-2 Walk forward right and left
- 3&4 Rock forward right, recover weight on left, step right together
- 5&6 Rock left to left side, recover weight on right, cross step left over right
- 7&8 Step right to right side, step left behind right, turn ¼ right stepping forward onto right

LEFT MAMBO, RIGHT LOCKSTEP, LEFT COASTER STEP, ½ TURN, TOUCH

- 1&2 Rock forward left, recover weight on right, step left together
- 3&4 Step back on right, lock left in front of right, step back on right
- 5&6 Step back left, step right together, step left forward
- 7-8 Sweep right out, turning ½ left, touch right beside left

LUNGE RIGHT, KICK, BEHIND, SIDE, CROSS, LEFT MAMBO, WALK BACK

- 1-2 Touch right to right side, lean onto right, kick right out to right diagonal
- 3&4 Step right behind left, step left to left side, cross step right over left
- 5&6 Rock forward left, recover weight on right, step left together
- 7-8 Walk back right, left

RIGHT COASTER STEP, LEFT LOCKSTEP, STEP, TURN, STEP, LEFT MAMBO

- 1&2 Step back on right, step left together, step forward on right
- 3&4 Step forward on left, lock right behind left, step forward on left
- 5&6 Step forward on right, ½ turn left, step forward right
- 7&8 Rock left to side, recover weight on right, step left together

REPEAT
