Count: 48 Wand: 4 Ebene: Intermediate
Choreograf/in: Boots \& The Country Dream
Musik: Pump Up the Jam - Technotronic

## TOE GRINDS (SQUASH THE BUG)

\&

1
\&
2
\&
3
\&
4

## BACKWARD TRAVELING MASHED POTATOES

\&
5
\&
6
\&
7
\&
8
Lift left heel off floor \& fan outward
Fan left heel inward to instep of right
Fan left heel outward
Fan left heel inward to instep of right
Fan left heel outward
Fan left heel inward to instep of right
Fan left heel outward
Fan left heel inward to instep of right

Lift left foot slightly off floor \& turn both heels outward with weight on ball of right Step back on left, with weight on balls of both feet turn both heels inward Lift right foot slightly off floor \& turn both heels outward with weight on ball of left Step back on right, with weight on balls of left, turn heels inward Lift left slightly off floor \& turn both heels outward with weight on ball of right Step back on left, with weight on balls of both feet turn both heels inward Lift right slightly off floor \& turn both heels outward with weight on ball of left Step back on right, with weight on balls of both feet, turn heels inward

## DIAGONAL STEPS FORWARD

$9 \quad$ Step forward-left (45 degrees) with left 10 Slide right toe next to left
11 Step forward-right (45 degrees) with right
12
Slide left next to right

## HORSESHOE ROLL

13
Roll hips outward to the right
14
15
16
Roll hips back \& around to the left
Roll hips outward to the left
Roll hips back \& around to the right

## SYNCOPATED ROMPS

Left side, behind \& side/tap, together-in front
$17 \quad$ Step to left side with left
18 Step across behind left with right
\& Step to left side with left
19 Tap right heel forward-right (45 degrees)
\& Place right foot next to left
$20 \quad$ Step across in front of right with left
Right side, behind, \& side/tap, together-in front
21 Step to right with right
22 Step across behind right with left
\& Step to right with right
23 Tap left heel forward left (45 degrees)
\& Place left foot next to right

## SHUFFLES IN SQUARE (MAKE A BOX)

\&
25
\&
26
\&

## 27

\&
28
\&
29
\&
30
\&
31
\&
32

Pivot $1 / 4$ turn right on ball or right (3:00)
Step forward with left
Step together with right
Step forward with left
Pivot $1 / 4$ turn right on ball of left (6:00)
Step forward with right
Step together with left
Step forward with right
Pivot $1 / 4$ turn right on ball of right (9:00)
Step forward with left
Step together with right
Step forward with left
Pivot $1 / 4$ turn right on ball of left (12:00)
Step forward with right
Step together with left
Step forward with right

## HEEL GRIND-TOE DROP

33 Step forward on left heel
34
35
Fan left toe outward then drop left toe
Step forward on right heel
36
Fan right toe outward then drop right toe

## CROSS $1 ⁄ 2$ TURNS

37
38
39
40

## SIDE SHUFFLE, $3 / 4$ TURN

$41 \quad$ Step to the left with left
\& Step together with right next to left
$42 \quad$ Step to left side with left
43
44

## SIDE POINTS

$45 \quad$ Point left toe to left side
46
47
48
Variation: Full Monterey turns for counts 45-48
REPEAT
Step across in front of right leg with left
Pivot $1 / 2$ turn right on balls of both feet
Step across in front of left leg with right
Pivot $1 / 2$ turn left on balls of both feet

Step across behind left leg with right
Pivot $3 / 4$ turn on balls of both feet

Place left foot next to right
Point right toe to right side
Place right foot next to left
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