

Mark One Up

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Pete Harkness (UK)

Musik: Heart's Desire - Lee Roy Parnell



SIDE, ¼ TURN, KICKBALL CHANGE. SHUFFLE. WALK LEFT, RIGHT

- 1-2 Step right to right side, on balls of feet ¼ turn to left
- 3&4 Kick right in front & step right beside left, step left in place
- 5&6 Step forward on right & close left to right, step forward on right
- 7-8 Walk forward on left, walk forward on right

ROCK RECOVER, ¼ SHUFFLE LEFT, CROSS, SIDE, KICKBALL CROSS

- 1-2 Rock forward on left, recover on right
- 3&4 Step left ¼ turn to left & close right to left, step left to side
- 5-6 Cross step right over left, step left to side
- 7&8 Kick right in front & step back on right, cross step left over right

SIDE, HEEL TAP, CROSS STRUT, SIDE SAILOR ¼ TURN, STEP

- 1 Step right to side angling body to left raise left heel up
- &2 Snap left heel to floor & raise left heel up
- &3-4 Step back on left & touch right toes across left, snap right heel to floor
- 5 Step left to left side
- 6&7 Step right behind left & step left to side, step right ¼ turn to right
- 8 Step forward on left

SHUFFLE, ROCK, RECOVER, CROSS, BACK. SIDE, KNEE POP, CROSS

- 1&2 Step forward on right & close left to right, step forward on right
- 3-4 Rock left to left side, recover on right
- 5&6 Cross step left over right & step back on right, step left to side
- 7&8 Pop right knee across left & replace right, cross step left over right

REPEAT
