# Mariana Mambo



Count: 64 Wand: 4 Ebene: Intermediate

Choreograf/in: Kate Sala (UK)

Musik: Mariana Mambo - Chayanne



#### SIDE STEP, HOLD, CROSS STEP, HOLD, WEAVE RIGHT

1-2-3-4 Step right to right side, hold, cross step left over right, hold

5-6 Step right to right side, cross step left behind right 7-8 Step right to right side, cross step left over right

## SIDE STEP, HOLD, BACK ROCK, LEFT TOE STRUT, CROSS TOE STRUT

1-2 Step right to right side, hold

3-4 Cross rock left behind right, recover forward on to right 5-6-7-8 Toe strut left to left side, cross toe strut right over left

#### COASTER STEP 1/4 TURN RIGHT, HOLD, MAMBO FORWARD, HOLD

1-2-3-4 Turn ¼ right stepping back on left, step right next to left, step forward on left, hold

5-6-7-8 Rock forward on right, rock back on left, step back on right, hold

#### TRIPLE FULL TURN LEFT, HOLD, RIGHT SIDE ROCK & CROSS, HOLD

1-2-3-4 Triple full turn left on the spot on left, right, left, hold

Or triple step on the spot with out the turn

5-6-7-8 Side rock on right to right side, recover on to left, cross step right over left, hold

#### STOMP OUT, IN, IN ON LEFT, HOLD, SWIVEL TOE, HEEL, HEEL, TOE ON RIGHT

1-2-3-4 Stomp left out to left side, stomp on left bringing it in closer to right, stomp on left next to right,

hold

#### It is best to do the above stomps with both knees slightly relaxed

5-6-7-8 Swivel right toe out to right, swivel right heel out to right, swivel right toe

in

## LEFT SIDE ROCK & CROSS, HOLD, 2 X 1/4 TURNS LEFT WITH HOLDS

1-2-3-4 Side rock left out to left side, recover on to right, cross step left over right, hold 5-6-7-8 Turn ¼ left stepping back on right, hold, turn ¼ left stepping left to left side, hold

# CROSS ROCK WITH 1/4 TURN RIGHT, 2 X 1/4 TURNS RIGHT WITH HOLDS

1-2-3-4 Cross rock right over left, recover on to left, turn ¼ right stepping forward on right, hold 5-6-7-8 Turn ¼ right stepping left to left side, hold, turn, ¼ right stepping back on right, hold

# LEFT COASTER STEP WITH 1/4 TURN LEFT, HOLD, 2 X PADDLE TURNS LEFT COMPLETING FULL TURN LEFT

1-2-3-4 Turn ¼ left stepping back on left, step right next to left, step forward on left, hold

5-6-7-8 Turn ½ left as you paddle round with ball of right, repeat

Completing full turn left, weight remaining on left

#### **REPEAT**