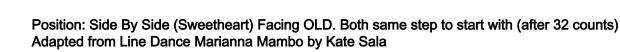
Mariana For Two

Ebene:

Choreograf/in: Andy Mackrell (UK)

Count: 64

Musik: Mariana Mambo - Chayanne



Wand: 0

SIDE STEP, HOLD, CROSS STEP, HOLD, WEAVE RIGHT

- 1-2 Step right to right side, hold
- 3-4 Cross step left over right, hold
- 5-6 Step right to right side, cross step left behind right
- 7-8 Step right to right side, cross step left over right

STEP RIGHT, HOLD, ROCK BACK ON LEFT, RECOVER ON RIGHT, LEFT TOE STRUT, CROSS TOE STRUT

- 1-2 Step right to right side, hold
- 3-4 Cross rock left behind right, recover forward on to right
- 5-6 Left toe strut to side, ladies diagonally forward to left (taking slightly larger step than man hands now change to shoulder level)
- 7-8 Cross toe strut

SIDE ROCK ¼ TURN RIGHT STEP, HOLD, STEP ½ TURN LEFT STEP, HOLD

- 1-2-3-4 Side rock onto left, recover turn ¼ right, stepping forward on left, hold (hands reverse sweet heart)
- 5-6-7-8 Step forward on right, ¹/₂ turn left onto left, step forward on right, hold (hands sweet heart)

STEP LOCK STEP, HOLD, STEP LOCK STEP, HOLD

- 1-2 Step forward left, lock right behind left
- 3-4 Step forward on right, hold
- 5-6 Step forward on right, lock left behind right
- 7-8 Step forward on right, hold

STOMP OUT, IN, IN ON LEFT, HOLD, SWIVEL TOE, HEEL, HEEL, TOE ON RIGHT

- 1-2 Stomp left out to left side, stomp on left bringing it in closer to right
- 3-4 Stomp on left next to right, hold

It is best to do the above stomps with both knees slightly relaxed

- 5-6 Swivel right toe out to right, swivel right heel out to right
- 7-8 Swivel right heel in swivel right toe in

LEFT SIDE ROCK & CROSS, HOLD, RIGHT SIDE ROCK & CROSS, HOLD (SLIGHT FORWARD DIRECTION)

DIRECTION)

- 1-2-3-4 Side rock left out to left side, recover on to right, cross step left over right, hold
- 5-6-7-8 Side rock right out to right side, recover on to left, cross step right over left hold

LEFT SHUFFLE FORWARD, ROCK, RECOVER ¼ RIGHT, HOLD

- 1-2-3-4 Left, together on right step forward on left hold
- 5-6 Rock forward on right, recover on left (as you recover both start turning right)
- 7-8 Step right to right side making ¹/₄ turn right, hold

Alternative

5-6 Step forward on right (drop right hands), pivot ¹/₂ turn left onto left (pick up right hands)





LEFT COASTER STEP, HOLD, 2 X PADDLE TURNS LEFT COMPLETING FULL TURN LEFT

- 1-2 Stepping back on left, step right next to left
- 3-4 Step forward on left, hold
- 5-6 Step forward on right (lift left & drop right hands), pivot ½ turn left onto left (pick up right hands)
- 7-8 Step forward on right, pivot ½ turn left onto left

REPEAT