

# Man What A Man

Count: 32

Wand: 4

Ebene: Improver two step

Choreograf/in: Michele Perron (CAN)

Musik: Man What a Man - Nancy Hays



## WALK, WALK, WALK, HOLD, SIDE, HOLD, BACK, BACK

- 1-2 (QQ) Right step forward, step left forward
- 3-4 (S) Right step forward, hold
- 5-6 (S) Left step to side left, hold
- 7-8 (QQ) Right step back, step left back

## SIDE (POSE), HOLD, SIDE (POSE), HOLD, SIDE, ACROSS, SIDE, HEEL

- 1-2 (S) Execute  $\frac{1}{4}$  turn right with right step side right and place hands on hips (3:00), hold
- 3-4 (S) Left rock/step side left and place hands on hips (face diagonal left), hold
- 5-6 (QQ) Right step side right and diagonal back, left step across front of right
- 7-8 (S) Right step side right, left heel diagonal left forward

Face diagonal right on counts 5-7, face diagonal left on count 8

## SIDE, ACROSS, SIDE, HEEL, FORWARD, HOLD, FORWARD, TURN

- 1-2 (QQ) Left step to side left and diagonal back, right step across front of left
- 3 (S) Left step to side left, right heel diagonal right forward

Face diagonal left on counts 1-3, face diagonal right on count 4

- 5-6 (S) Right step forward with  $\frac{1}{4}$  turn right, hold (6:00)
- 7-8 (QQ) Left step forward, execute  $\frac{1}{2}$  turn right with right step forward (12:00)

## FORWARD, HOLD, FORWARD, BACK, BACK, FORWARD, TURN/SLIDE, HOLD

- 1-2 (S) Left step forward, hold
- 3-4 (QQ) Right rock/step forward, left recover/step back
- 5-6 (QQ) Right rock/step back, left recover/step forward
- 7-8 (S) Execute  $\frac{1}{4}$  turn right with right drag/slide towards left, ending with right beside left, hold (3:00)

**REPEAT**

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