

# Mambo No 5

Count: 48

Wand: 0

Ebene:

Choreograf/in: Danny Richards (AUS)

Musik: Mambo No.5 - Lou Bega



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## LEFT VINE, RIGHT VINE (CROSSED IN FRONT)

- 1-4 Step left to left side, step right over left, step left to left side, point right out to right side  
5-8 Step right to right side, step left over right, step right to right side, point left out to left side

## FORWARD SHUFFLES MAMBO STYLE, STEP LEFT SIDE & SNAP, STEP RIGHT SIDE & SNAP

- 1-4 Shuffle forward with hip movements (left-right-left), (right-left-right)  
5-8 Step left to left, tap right next to left & snap, step right to right, tap left next to right & snap

## WALKS BACK & CLAP ONCE, WALKS BACK & CLAP TWICE

- 1-4 Walk backwards left-right-left - hold & clap once  
5-8 Walk backwards right-left-right - hold & clap twice

## SPRING BALL CHANGES, KICK RIGHT FOOT FORWARD & BACK

- 1&2 Spring left onto left foot, ball change (right-left)  
3&4 Spring right onto right foot, ball change (left-right)  
5&6 Spring left onto left foot, ball change (right-left)  
7-8 Kick right foot forward, bending right knee swing right foot back

## HIPS TO RIGHT, HIPS TO LEFT, STEP ¼ TURN, STEP ¼ TURN

- 1-4 Stepping on right at right 45 - push hips twice to right, push hips twice to left  
5-8 Step forward on right, ¼ turn left, step forward on right, ¼ turn left (use hips on turns)

## 3 KICK BALL CHANGES WITH ¼ TURNS LEFT, STOMP FORWARD RIGHT FOOT, HOLD

- 1&2 Kick right foot forward, turn ¼ left on ball change (right-left)  
3&4 Kick right foot forward, turn ¼ left on ball change (right-left)  
5&6 Kick right foot forward, turn ¼ left on ball change (right-left)  
7-8 Stomp right foot a bit forward (keep weight on right), hold for 1 beat

**REPEAT**

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