

Mama Rava

Count: 64

Wand: 4

Ebene: Improver

Choreograf/in: Derrick John Paul (UK) & Terry Ann Cavanagh (UK)

Musik: Te Mama Rava - Fenua



OUT & IN STEPS,SHUFFLE,PIVOT ½ TURN

- 1-2 Step right to right side, step left to left side
- 3-4 Step right to center, step left to center
- 5&6 Shuffle forward right, left, right
- 7-8 Step forward left pivot ½ turn right

OUT AND IN STEPS,SHUFFLE,PIVOT ½ TURN

- 9-10 Step left to left side, step right to right side
- 11-12 Step left to center, step right to center
- 13&14 Shuffle forward, left right, left
- 15-16 Step forward right, pivot ½ turn left

STOMP HEEL TAPS TWICE

- 17-20 Stomp right foot forward, tap right heel 3 times
- 21-24 Stomp left foot forward, tap left heel 3 times

TOE STRUTS,CROSS UNWIND,HIP ROLL

- 25-28 Toe strut forward right, toe strut forward left
- 29-30 Cross step right over left, unwind ½ turn left
- 31-32 Roll hips to the left over 2 counts

RIGHT CHASSE ROCK,LEFT CHASSE ROCK

- 33&34 Chasse right stepping right, left, right
- 35-36 Cross rock left over right, recover on right
- 37&38 Chasse left stepping left, right, left
- 39-40 Cross rock right over left, recover on left

STEP ¼,PIVOT ½,COASTER STOMPS,KNEE POPS

- 41-42 Step right ¼ turn right, pivot ½ turn right on right stepping left back
- 43&44 Step back right, step left to right, step right forward
- 45-46 Stomp left stomp right
- 47&48 Pop left knee, pop right, pop left

STEP LOCKS,ROCK,¼ TURN TOGETHER

- 49-50 Step left forward, lock right behind left
- 51&52 Step left forward, lock right, step left forward
- 53-54 Rock forward on right, recover on left
- 55&56 Stride right ¼ turn right, step left to right

ROCK FORWARD,ROCK BACK,STEP TURN STOMPS

- 57-58 Rock forward on right, recover on left
- 59-60 Rock back on right, recover on left
- 61-62 Step right forward, pivot ¼ turn left
- 63-64 Stomp right stomp left

REPEAT

TAG

On Wall 4, omit counts 57-64.
