

Mama Ain't Happy

Count: 16

Wand: 4

Ebene: Beginner

Choreograf/in: Rick Bates (USA) & Deborah Bates (USA)

Musik: The Bath - 4 Sisters & A Cousin



TOE TOUCHES, CROSS STEP, TOE TOUCHES, CROSS STEP

- 1-2 Touch right toe to the right; cross right toe behind left and touch
3-4 Touch right toe to the right; step forward and diagonally to the left on right foot, crossing in front of left
5-6 Touch left toe to the left; cross left toe behind right and touch
7-8 Touch left toe to the left; step forward and diagonally to the right on left foot, crossing in front of right

ROCK STEP, LUNGE BACK WITH ¼ TURN, TOGETHER, SYNCOPATED TOE SWITCHES, FORWARD STEP, TOGETHER

- 9-10 Step forward on right foot; rock back onto left foot in place
11-12 Take a long step back on right foot making a ¼ turn to the right with the step; step left foot next to right
13 Touch right toe forward
&14 Step right foot next to left; touch left toe forward
&15 Step left foot next to right; step forward on right foot
16 Step left foot next to right

REPEAT
