Mal's Twistin' Wigglin' Walk

Ebene: Beginner

Choreograf/in: Braca Cohen

Count: 32

Musik: Stampede Strut (Get the Point Mix) - Rick Tippe

Choreographed for my Hawaiian Friend Mrs. P. C. Bet. This dance is to be danced with plenty of attitude and enthusiasm

WALK. WALKIN TWIST BACK

- 1-2-3&4 Walk forward right, left, right shuffle
- 5-8 Walk back twisting heels as you go, left, right, left, right touch and click (reverse Trolly Dolly style)

SAILORS, HOOK, SHUFFLE

- 9-12 Right sailor, left sailor
- 13-14 Right heel touch forward, right heel hook up in front of left shin
- 15&16 Right shuffle forward

HIPS

- 17-18 Left step to the side as you execute two left hip bumps
- 19-20 Two right hip bumps
- Roll hips to the left for 3 beats clap on beat 24 (give it some attitude!) 21-24

SIDE SACHET, HALF TURN, SIDE SACHET, KICK BALL CHANGE

- 25&26 Right side sachet, (step right side, left step together, right step side)
- 27-28 Step left forward, pivot a 1/2 turn right
- 29&30 Left side sachet
- 31-32 Right kick ball change

REPEAT





Wand: 2