

# Lyndell Cha

**COPPER KNOB**  
STEPSHEETS

Count: 32

Wand: 1

Ebene: Beginner

Choreograf/in: Connie Peterson (USA)

Musik: Off to See the Lizard - Jimmy Buffett



## ROCK STEP CHA, ROCK STEP CHA

- 1-2 Rock forward on left, recover on right
- 3&4 Cha back left, right, left
- 5-6 Rock back on right, recover on the left
- 7&8 Cha forward, right, left, right (5th position, toe, heel, toe, heel)

## LEFT SIDE ROCK STEP AND SHUFFLE, RIGHT SIDE ROCK STEP AND SHUFFLE

- 1-2 Rock to left side, recover on to the right foot
- 3&4 Shuffle left, right, left
- 5-6 Rock to the right side, recover on the left foot
- 7&8 Shuffle right, left, right

## ½ PIVOT TURN TO THE RIGHT, CHA FORWARD, ½ PIVOT TURN TO THE LEFT CHA FORWARD

- 1-2 Step forward on left, pivot ½ turn to right with right foot taking weight
- 3&4 Cha forward left, right, left
- 5-6 Step forward on right, pivot ½ turn to the left, taking weight on the left
- 7&8 Cha forward right, left, right

## LEFT SIDE ROCK STEP AND SHUFFLE, RIGHT SIDE ROCK STEP AND SHUFFLE

- 1-2 Rock left foot to left side, recover on the right foot
- 3&4 Shuffle left, right. Left
- 5-6 Rock right foot to right side, recover on the left foot
- 7&8 Shuffle right, left, right

**REPEAT**

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