

# Lunchbox Rock

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Andreas Ehn (SWE)

Musik: Country Down to My Soul - Lee Roy Parnell



## **RIGHT WEAVE, KICK, BEHIND, SIDE, CROSS, KICK**

- 1-4 Cross left over right, step right to right side, cross left behind right, kick right forward diagonally to right
- 5-8 Cross right behind left, step left to left side, cross right over left, kick left forward diagonally to left

**For styling rise both arms in same direction as the kicks**

## **BEHIND, SIDE ¼, LEFT SHUFFLE, FULL TURN, RIGHT SHUFFLE**

- 1-2-3&4 Cross left behind right, step right to right making ¼ turn right, step left forward, step right beside left, step left forward
- 5-6-7&8 Step right back making ½ turn left, step left forward making ½ turn left, step right forward, step left beside right, step right forward

### **Easier option**

- 5-6 Walk walk in whatever style you like

## **ROCK STEP, BACK LOCKSTEP, FULL TURN, BACK LOCKSTEP**

- 1-2-3&4 Rock forward on left, recover on right, step left back, lock right over left, step left back
- 5-6 Step right forward making ½ turn right, step left back making ½ turn right
- 7&8 Step right back, lock left over right, step right back

### **Easier option**

- 5-6 Walk walk in whatever style you like

## **ROCK STEP, SHUFFLE ¼, ROCK STEP, SIDE SHUFFLE**

- 1-2 Rock back on left, recover on right
- 3&4 Step left forward making ¼ turn right, step right next to left, step left to left
- 5-6 Cross rock right behind left, recover on left
- 7&8 Step right to right side, step left next to right, step right to right side

## **REPEAT**

---