

Lovin In The Mud

Count: 32

Wand: 1

Ebene: Improver

Choreograf/in: Karen Hedges (USA)

Musik: Lovin In The Mud - Rebecca Fredericks



WALK, WALK, SWEEP, TURN, STEP HOLD

- 1-4 Walk forward right, hold, walk forward left, hold
5-8 Sweep right ½ turn left, touch right, step forward right, hold

SKATE, SKATE, TWIST, TWIST, TOUCH

- 9-12 Skate left, hold, skate right, hold
13-16 Twist heels right, twist heels left, twist heels right ¼ turn left, touch right

SIDE ROCK STEP INTO SLOW SAILOR SHUFFLES

- 17-20 Step side right, recover left, step right behind left, rock left to left side
21-24 Step right in place, step left behind right, rock side right, recover left

SLOW TURN, JAZZ BOX

- 25-28 Step forward right, hold, ½ turn left, hold
29-32 Cross right over left, step back left, ¼ turn right, step forward right, step forward left

REPEAT

TAG

On 7th wall do first 24 counts (right after side rock steps and sailor shuffles). This is done only once through the dance

STEP SLIDE, TURNING JAZZ BOX

- 1-4 Long step right, slide left to meet right
5-8 Cross right over left, step back left, ¼ turn right, step forward left

REPEAT 1-8

- 9-12 Repeat 1-4
13-16 Repeat 5-8

REPEAT 1-8

- 17-20 Repeat 1-4
21-24 Repeat 5-8

REPEAT 1-4

- 25-28 Repeat 1-4

JAZZ BOX IN PLACE

- 29-32 Cross right over left, step back left, step side right, step forward left

Start the dance over and finish out

ENDING

For a nice ending do first 24 counts of the dance, after the slow sailor shuffle, step forward right, hold, ¼ turn left facing front hold