

Loved & Lost

COPPERKNOB
STEPSHEETS

Count: 34

Wand: 4

Ebene: Improver

Choreograf/in: Neil Cordery (UK)

Musik: Have You Ever - S Club 7



ROCK AND TURN, STEP LOCK STEP

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|-----|--|
| 1&2 | Rock forward on right foot, replace weight onto left, step right into ¼ turn |
| 3&4 | Step forward on left foot, lock right behind left, step forward on left foot |
| 5&6 | Rock forward on right foot, replace weight onto left, step right into ½ turn |
| 7&8 | Step forward on left foot, lock right behind left, step forward on left foot |

ROCK RIGHT, LEFT RIGHT, LEFT CHASSE, ROCK AND TURN, FULL TURN STEPPING LEFT, RIGHT, LEFT

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|-------|--|
| 9&10 | Rock right to right side, replace weight onto left, rock to side on right |
| 11&12 | Step to side on left foot, close right beside left, step to side on left |
| 13&14 | Rock forward on right foot, replace weight onto left, step right into ½ turn |
| 15&16 | Full turn traveling forward stepping left, right, left |

ROCK AND TURN, IN FRONT, SIDE, BEHIND, SWEEP, BEHIND, SIDE, IN FRONT, ROCK AND TURN

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|--------|--|
| 17&18 | Rock forward on right, replace weight onto left, step right into ¼ turn |
| 19&20& | Cross left in front of right, step right to right side, step, step left behind right, with weight on left, sweep right foot round and behind left foot |
| 21&22 | Step weight onto right and behind left foot, step left foot to left side, cross right in front of left |
| 23&24 | Rock forward on to left foot, replace weight on to right, step left foot into ¼ turn |

STEP, LOCK, STEP FORWARD, ROCK LEFT, RIGHT, LEFT, RIGHT SIDE CHASSE, ROCK AND REPLACE

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|-------|--|
| 25&26 | Step forward on right foot, lock left behind right, step forward right |
| 27&28 | Rock left out to left side, replace weight on to right, rock left out to left side |
| 29&30 | Step right to right side, close left up beside right, step right to right side |
| 31&32 | Rock left behind right foot, replace weight on to right, step left beside right |

UNWIND FULL TURN

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| 33-34 | Cross right over left and unwind a full turn (weight remains on left foot) |
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REPEAT
