Love On The Run

Count: 32

Ebene: Improver

Choreograf/in: Levi J. Hubbard (USA)

Musik: Caribbean Queen - Billy Ocean

This dance is dedicated to my Mom, who loves this song and asked me to choreograph a dance to it.

SYNCOPATED CROSS-BALL ROCKS, MAMBO FORWARD, MAMBO BACKWARDS

Wand: 4

1 Right - cross step on (ball of) foot in front of left foot, while slightly lifting left foot off floor & Left - lower foot back to floor 2 Right - step back in place 3 Left - cross step on (ball of) foot in front of right foot, while slightly lifting right foot off floor & Right - lower foot back to floor 4 Left - step back in place 5 Right - step (rock) slightly forward, while slightly lifting left foot off floor & Left - lower foot back to floor 6 Right - step back in place 7 Left - step (rock) slightly backward, while slightly lifting right foot off floor & Right - lower foot back to floor 8 Left - step back in place (2) ¼ TURNS (LEFT) WITH HIP ROLLS, VINE (RIGHT) WITH ¼ TURN (RIGHT), HITCH Right - step slightly forward 9 10 On (balls of) both feet pivot 1/4 turn left 11 Right - step slightly forward 12 On (balls of) both feet pivot 1/4 turn left On counts 9-12 roll hips to the left ending with weight on left foot 13 Right - step to side 14 Left - cross step behind right foot 15 Right - turning 1/4 turn right, step forward 16 Left - hitch up knee (2) STEPS BACKWARDS, COASTER STEP, MODIFIED KICK-BALL CHANGES 17 Left - step backwards 18 Right - step backwards 19 Left - step backwards on (ball of) foot & Right - step together on (ball of) foot 20 Left - step forward 21 Right - turning body 1/8 turn right, kick foot diagonally forward across left foot (keeping head forward & dropping right shoulder slightly down, left shoulder up) Right - step together on (ball of) foot (turn to face forward) & 22 Left - step slightly forward 23 Right - turning body 1/8 turn right, kick forward diagonally forward across left foot (keeping head forward & dropping right shoulder slightly down, left shoulder up) & Right - step together on (ball of) foot (turn to face forward) 24 Left - step slightly forward

Arm styling for counts 21 and 23: when kicking forward, bring right arm up in ½ circle left punching fist upwards while punching left fist diagonally towards floor

Arm styling for counts &22 and &24: bring left arm up to middle chest, while punching right fist diagonally towards floor

(RIGHT & LEFT) LUNGES WITH HIP ROCKS, STEP TOGETHER, HOLD



- 25 Right step out to side in a lunge, while bumping right hip to side
- & Left shift weight to foot & bump left hip to side
- 26 Right shift weight to foot & bump right hip to side
- & Left shift weight to foot & bump left hip to side
- 27 Right bring foot back next to left
- 28 Hold for (1 count) while clapping hands together
- 29 Left step out to side in a lunge, while bumping left hip to side
- & Right shift weight to foot & bump right hip to side
- 30 Left shift weight to foot & bump left hip to side
- & Right shift weight to foot & bump right hip to side
- 31 Left bring foot back next to right
- 32 Hold for (1 count) while clapping hands together

REPEAT