

# Lost Cowboy

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Donna Caudill (USA)

Musik: Lost Cowboy - The Pony Express Band



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## LINDY BASIC PATTERN STARTING WITH WEIGHT ON LEFT FOOT

- 1&2 Side shuffle right (right, left, right)
- 3-4 Step left, turn ½ right
- 5&6 Side shuffle left (left, right, left)
- 7-8 Rock step back on right, step forward on left

## LINDY BASIC PATTERN STARTING WITH WEIGHT ON LEFT FOOT

- 1&2 Side shuffle right (right, left, right)
- 3-4 Step left, turn ½ right
- 5&6 Side shuffle left (left, right, left)
- 7-8 Rock back on right, step forward on left

## POINT CROSSES

- 1-2 Point right foot to right side, cross over left (change weight to right)
- 3-4 Point left foot to left side, cross over right (change weight to left)
- 5-6 Point right foot to right side, cross over left (change weight to right)
- 7-8 Point left foot to left side, cross over right (change weight to left)

## KICK BALL CHANGE 2X, ¼ JAZZ BOX SQUARE TURN TO RIGHT

- 1&2 Kick right, step on ball of right, change weight to left foot
- 3&4 Kick right, step on ball of right, change weight to left foot
- 5-8 Cross right over left, step back left, step right to right side and turn ¼ to right, step on left

## REPEAT

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