

Lord Of The Dance

COPPER KNOB
STEPSHEETS

Count: 40

Wand: 4

Ebene: Intermediate

Choreograf/in: Charlie Bowring (UK)

Musik: Lord of the Dance - Ronan Hardiman



This dance is designed to fit to The Lord of The Dance, Track 17 On The Lord of the Dance CD, and speeds up to a fun speed after the first 4 walls.

MODIFIED SAILOR STEPS

- & Step to right side on ball of right foot
- 1 Cross left in front of right
- 2 Step down on right
- & Step to left side on ball of left foot
- 3 Cross right in front of left
- 4 Step down on left
- & Step to right side on ball of right foot
- 5 Cross left in front of right
- 6 Step down on right
- & Step to left side on ball of left foot
- 7 Cross right in front of left
- & Step left to left side
- 8 Step right to right side (end with feet at shoulder width)

LEFT KICK, CROSS, BACK & BACK & SCUFF STEP, HEEL DROPS

- 9 Kick left forward
- 10 Cross left in front of right
- & Step back on right
- 11 Lock left over right
- & Step back on right
- 12 Loosely lock left over right
- 13 Scuff right foot forward
- 14 Stamp right foot forward
- &15&16 Lift & drop heels four times, making $\frac{1}{4}$ turn left (1 lift & drop per $\frac{1}{2}$ count)

After first 4 walls replace &15&16 with

- 15-16 Lift heels twice making $\frac{1}{4}$ turn left

SIDE & SIDE & TOUCH, BALL CROSS (TWICE)

- 17 Touch right to right side
- & Step right foot in place
- 18 Touch left to left side
- & Step left in place
- 19 Touch right heel forward
- & Step down on right
- 20 Cross left over right
- 21 Touch right heel forward
- & Step down on right
- 22 Cross left over right
- 23 Touch right heel forward
- & Step down on right
- 24 Cross left over right

WALK FORWARD & BACKWARDS, STEP IN PLACE

- 25-28 Walk forward right, left, right, left
- 29-31 Walk backwards right, left, right
- 32 Step left in place next to right

SIDE TOUCHES

- 33 Step right to right side
- 34 Touch left, click right fingers
- 35 Step left to left side
- 36 Touch right, click left fingers
- 37 Step right to right side
- 38 Touch left, click right fingers
- 39 Step left to left side
- 40 Touch right, click left fingers

REPEAT

Change 25-40 to the following after the first 4 walls

RUNNING MAN FORWARD AND RUNNING MAN BACKWARDS

- & Slide left foot backwards while lifting right
- 25 Step down on right foot
- & Slide right foot backwards while lifting left
- 26 Step down on left foot
- & Slide left foot backwards while lifting right
- 27 Step down on right foot
- & Slide right foot backwards while lifting left
- 28 Step down on left foot
- & Slide left foot forward, while lifting right
- 29 Step down on right foot
- & Slide right foot forward, while lifting left
- 30 Step down on left foot
- & Slide left foot forward, while lifting right
- 31 Step down on right foot
- & Slide right foot forward, while lifting left
- 32 Step down on left foot

SYNCOATED STEP TOUCHES

- & Hop right to right side
 - 33 Touch left toe across in front of right at 45 degree angle with leg straight
 - 34 Hold for 1 beat of music
 - & Hop left to left side
 - 35 Touch right toe across in front of left at 45 degree angle with leg straight
 - 36 Hold for 1 beat of music
 - & Hop right to right side
 - 37 Touch left toe across in front of right at 45 degree angle with leg straight
 - 38 Hold for 1 beat of music
 - & Hop left to left side
 - 39 Touch right toe across in front of left at 45 degree angle with leg straight
 - 40 Hold for 1 beat of music
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