

# Long Enough

Count: 40

Wand: 4

Ebene: Improver

Choreograf/in: Glennys Croston (UK)

Musik: Forever Ain't Long Enough - The Bellamy Brothers



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## RIGHT CROSS ROCK FORWARD BACK FORWARD BRUSH, LEFT CROSS ROCK FORWARD BACK FORWARD BRUSH

- 1-2-3-4 Diagonal to left cross rock right over left, rock back on left, rock forward on right, brush left foot forward
- 5-6-7-8 Diagonal to right cross rock left over right, rock back on right, rock forward on left, brush right foot forward

## ROCK FORWARD RECOVER, BACK STEP LOCK STEP, BACK STEP LOCK STEP, CROSS BEHIND UNWIND HALF TURN RIGHT

- 9-10 Rock forward on right, recover on left
- 11&12 Step back on right, lock left over right, step back on right
- 13&14 Step back on left, lock right over left, step back on left
- 15&16 Cross right behind left, unwind half turn right

## ROCK FORWARD RECOVER, BACK LOCK BACK, CROSS BEHIND UNWIND HALF TURN, STEP FORWARD AND TOUCH

- 17-18 Rock forward on left recover on right
- 19&20 Step back on left lock right over left, step back on left
- 21-22 Cross right behind left, unwind half turn right
- 23-24 Step forward on left, touch right toe to left instep

## SIDE TOUCH, STEP FORWARD, SIDE TOUCH, TOUCH TOGETHER ROCK FORWARD RECOVER HALF TURN SHUFFLE LEFT

- 25-26 Touch right to side, step forward on right and slightly across left
- 27-28 Touch left out to side, touch left to right instep
- 29-30 Rock forward on left, recover on right
- 31&32 Half turn left shuffle forward on left, right, left

## STEP QUARTER TURN LEFT, CROSS STEP CROSS, SIDE TOGETHER SIDE TOGETHER SIDE

- 33-34 Step forward on right, pivot a quarter turn left
- 35&36 Cross right over left, step left to side, cross right over left
- 37-38 Step left to side, right together
- 39&40 Step left to side right together, left to side

**REPEAT**

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