

# Long Distance Call

Count: 32

Wand: 2

Ebene: Intermediate/Advanced

Choreograf/in: Cato Larsen (NOR) & Rob Fowler (ES)

Musik: The Call - Backstreet Boys



## OUT-OUT, CLICK, AND CROSS, UNWIND, KICK-BALL-CROSS, SIDE ROCK, RECOVER

&1-2 Step left diagonally back to left, step right out to right side, click fingers high

&3-4 Step left beside right, cross right in front of left, unwind  $\frac{3}{4}$  turn left

### Weight ends up on right foot

5&6 Kick left forward, step left beside right, cross right in front of left

7-8 Step left to left side, rock back onto right

## TOGETHER, SIDE, KNEE POPS, $\frac{1}{4}$ TURN, STEP, $\frac{1}{2}$ TURN, BODY ROLL (BODY CONTRACTIONS)

&1-2 Step left beside right, step right to right side, pop left knee against right knee

3& Pop left knee out to left side, pop left knee to right knee

4 Pop left knee out to left side as you turn  $\frac{1}{4}$  turn to the left

### Weight ends on left

5-6 Step forward on right, pivot  $\frac{1}{2}$  turn to the left keeping the weight back on right foot

&7 Push shoulders back, squat hips down (as you should sit down in a chair)

&8 Push pelvis (hips) forward, straighten upper body up

### Optional moves for &7,&8: body roll down and up

## SHUFFLE FORWARD, STEP, $\frac{1}{2}$ TURN, STEP FORWARD, FULL TURN RIGHT, ROCK STEP

1&2 Shuffle forward left-right-left

3&4 Step forward on right, pivot  $\frac{1}{2}$  turn left, step small step forward on right

5 Make a  $\frac{1}{2}$  turn right on ball of right and step back on left foot

6 Make another  $\frac{1}{2}$  turn right on ball of left and step forward on right foot

7-8 Step forward on left, rock back onto right

## LEFT COASTER STEP, STEP, $\frac{3}{4}$ TURN, POINT, WEAVE, $\frac{1}{4}$ TURN, $\frac{1}{2}$ TURN, STEP FORWARD

1&2 Step back on left, step right beside left, step forward on left

3&4 Step forward on right, pivot  $\frac{3}{4}$  turn left, point right toe to right side

5&6 Cross right in front of left, step left to left side, cross right in back of left

&7 Step left  $\frac{1}{4}$  turn to the left, step forward on right

&8 Pivot  $\frac{1}{2}$  turn left, step forward on right

## REPEAT

### Tag

To be danced only once after 16 counts (after the body roll) at the third wall. After the tag, begin the dance from the beginning

&1 Step left diagonally back to left, step right out to right side

&2 Lift both heels from the floor, step down on both feet

3-4 Bump hips to the left, bump hips to the right