

# The Long & Short Of It

Count: 72

Wand: 4

Ebene: Intermediate

Choreograf/in: Pete Harkness (UK) & Lizzie Clarke (SCO)

Musik: Live to Love Another Day - Keith Urban



## RIGHT CHASSE, ROCK RECOVER, LEFT CHASSE, ROCK RECOVER

- 1&2-3-4 Step right to side & step left beside right, step right to side, rock back left, recover on right  
5&6-7-8 Step left to side & step right beside left, step left to side, rock back on right, recover on left

## JAZZ BOX WITH TOUCH & CLAP, SIDE TOUCH & CLAP, ¼ RIGHT

- 1-2-3-4 Cross right over left, step back left, step right to side, touch left beside right & clap  
5-6-7&8 Step left to side, touch right beside left & clap, make a ¼ turn right shuffle forward right & left, right

## ¼ CHASSE, ROCK RECOVER, CHASSE RIGHT, ROCK RECOVER

- &1&2-3-4- On ball of right turn ¼ right & step left to side & step right beside left, step left to side, rock back on right, recover on left  
5&6-7-8 Step right to side & step left beside right, step right to side, rock back left, recover on right

## ¼ TURN JAZZ BOX WITH TOUCH & CLAP, SIDE TOUCH CLAP, ¼ LEFT SHUFFLE

- 1-2-3-4 Cross left over right, step back right, ¼ left stepping left to side, touch right beside left & clap  
5-6-7&8 Step right to side, touch left beside right & clap, make a ¼ turn left, shuffle forward left & right, left

## STEP, PIVOT, KICKBALL STEP, WALK FORWARD WITH STOMPS, TOUCH FRONT, SIDE

- 1-2-3&4 Step forward on right, pivot ½ left, kick right in front & step right beside left, step forward on left  
5-6-7-8 Stomp forward on right, stomp forward on left, touch right toe front, touch right toe to side

## BEHIND, ROCK, RECOVER, BEHIND, SIDE, STEP, PIVOT, STEP

- 1-2-3-4 Step right behind left, rock left to side, recover on right, step left behind right  
5-6-7-8 Step right to side, step forward on left, pivot ½ right, step forward on left

## MONTEREY TURN, MONTEREY TURN WITH FLICK

- 1-2-3-4 Touch right to right side, on ball of left turn ½ right stepping right beside left, touch left to side, step left beside right  
5-6-7-8 Touch right to right side, on ball of left turn ½ right stepping right beside left, touch left to side, flick left behind right

## ¼ TURN, TWIST KICK, BEHIND, SIDE, CROSS, TWIST KICK

- 1-2-3-4 Step left ¼ turn left, touch right beside left as you twist to left, kick right in front as you twist to right, step right behind left  
5-6-7-8 Step left to side, cross right over left, touch left beside right as you twist to right, kick left in front as you twist to left

## STEP BACK, TOUCH, RIGHT SHUFFLE, STEP, PIVOT, ROCK & CROSS

- 1-2-3-4 Step back on left, touch right toe in front of left, shuffle forward right & left, right  
5-6-7&8 Step forward on left, pivot ½ turn right, rock left to side & recover on right, cross left over right

## REPEAT