

Lonesome Cowboy Strut

Count: 40

Wand: 2

Ebene: Improver

Choreograf/in: Robert C. Weaver (USA)

Musik: Cowboy Blues - Gary Allan



WALK, WALK, PUMP, PUMP, WALK BACK 2, COASTER STEP

- 1-2 Walk forward on right, left
- 3-4 Pump-kick right forward twice
- 5-6 Walk back on right, left
- 7&8 Step back on right, step left beside right, step right slightly forward

WALK, WALK, PUMP, PUMP, WALK BACK 2, COASTER STEP

- 9-10 Walk forward on left, right
- 11-12 Pump-kick left forward twice
- 13-14 Walk back on left, right
- 15&16 Step back on left, step right beside left, step left slightly forward

HEEL/TOE CROSS-STRUTS, HEEL/TOE STRUTS & FINGER SNAPS

- 17-18 Step right heel across left foot, step right toe down & snap fingers
- 19-20 Step left heel across right foot, step left toe down & snap fingers

- 21-22 Step right heel across left foot, step right toe down & snap fingers
- 23-24 Step left heel across right foot, step left toe down & snap fingers

SIDE SHUFFLE, BACK ROCK, SIDE SHUFFLE, BACK ROCK

- 25&26 Step right side right, step left next to right, step right side right
- 27-28 Rock back onto left, recover forward onto right
- 29&30 Step left side left, step right next to left, step left side left
- 31-32 Rock back onto right, recover forward onto left

STEP, ¼ TURN, STEP, ¼ TURN, ROCK STEP, BACK ROCK

- 33-34 Step forward on right, ¼ turn left (weight on left)
- 35-36 Step forward on right, ¼ turn left (weight on left)
- 37-38 Rock forward onto right, recover back onto left
- 39-40 Rock back onto right, recover forward onto left

REPEAT
