

Loaded

Count: 52

Wand: 4

Ebene: Intermediate

Choreograf/in: Brenda Nuttall (UK)

Musik: Get the Truck Loaded - Rednex



STOMP KICK SAILOR STEPS (TWICE)

- 1-2 Stomp right foot next to left and kick forward at 45 o angle
- 3&4 Step right behind left, step weight left, step right to side
- 5-6 Stomp left foot next to right and kick forward at 45 o angle
- 7&8 Step left behind right, step weight right, step left to side

SIDE SHUFFLE FULL TURN (TWICE)

- 9&10 Step right foot to side, bring left next to it and step right to side
- 11-12 Cross left over right and unwind a full turn right
- 13&14 Step right foot to side, bring left next to it and step right to side
- 15-16 Cross left over right and unwind a full turn right

SIDE SHUFFLE WITH ¼ TURN RIGHT, TWIST TURN

- 17&18 Step right foot to side, bring left next to right, step right ¼ turn right
- 19-20 Twist heels ¼ right and then ½ left

LOCK STEP BACK (RIGHT & LEFT)

- 21&22 Step back right, lock left in front of right, step back right
- 23&24 Step back left, lock right in front of left, step back left

ROCK AND CROSS (X3), ¼ TURN RONDE

- 25&26 Rock weight out to right and cross right in front of left
- 27&28 Rock weight out to left and cross left in front of right
- 29&30 Rock weight out to right and cross right in front of left
- 31-32 Sweep right leg and ¼ turn left touch right next to left, (keep weight on left)

RIGHT SHUFFLE FORWARD, STOMP KICK, LEFT LOCKS BACK

- 33&34 Shuffle forward right, left, right
- 35-36 Stomp left next to right and kick forward
- 37&38 Step back on left, lock right in front of left
- &39&40& Step back on left, lock right in front of left, step back on left, lock right in front of left, touch right next to left

ROLLING VINE RIGHT, TOUCH, SYNCOPATED WEAVE LEFT

- 41-44 Full-turn right stepping on right, left, right, touch left next to right
- &45&46&47&48 Step left to side, cross right in front, step left to side, step right behind, step left to side

1 ¼ WALKING TURN RIGHT

- 49-52 Step right ¼ turn right, step left ¼ turn right, step right ½ turn right, step left ¼ turn right

REPEAT

RESTART

On wall 3 leave out steps 49-52