

# Load Me Up

Count: 32

Wand: 4

Ebene: Improver two step

Choreograf/in: Sandi Leroux (CAN)

Musik: Load Me Up - The Cruzeros



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## TRIPLE TURN FORWARD FULL TURN RIGHT

- 1&2 Step right forward, step left beside right, step right forward  
3&4 Pivot ½ turn right stepping left foot back, step right beside left, step left back  
5&6 Pivot ½ turn right stepping right foot forward, step left beside right, step right forward  
7-8 Step left forward, touch right beside left

## CHASSE RIGHT, ¼ TURN RIGHT, PIVOT ½ TURN RIGHT

- 1&2 Step right to right, step left to right, step right to right  
&3&4 Step left to right, step right to right, step left to right, step right ¼ turn right  
5-6 Step forward left pivot ½ turn right, step forward right  
7-8 Rock forward left, recover right

## BACK CROSS, TRIPLE ½ TURN RIGHT, FORWARD TRIPLE LEFT, STEP RIGHT, STEP LEFT

- 1&2 Step back left, step right across front of left, step back left  
3&4 Step right 1/8 turn right, step left 1/8 turn beside right, step right 1/8 turn right  
5&6 Step left forward, step right beside left, step left forward  
7-8 Step right forward, step left beside right

## HEEL LIFTS, BACK RIGHT/LEFT, DWIGHTS, SLIDE/STEP

- 1&2& Touch right heel front, lift right heel across left shin, touch right heel front, lift right heel to right side (flick)  
3-4 Step back right, step back left  
5&6& Right toe to right side, right heel to right side, right toe to right side, place weight on right  
7-8 Slide left to right, step down on left

## REPEAT

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